

## Men's 100 Metres

Starts: Saturday, May 29  
(16:25)

2021 World Best:	9.88	Trayvon Bromell USA	Jacksonville	30 Apr 21
	9.80w	Terrance Laird USA	College Station	15 May 21
ETCh Record:	9.95	Christoph Lemaitre FRA	Stockholm	18 Jun 11
Tokyo Olympic Standard:	10.05			

	Age	(Days)	Born	2021	Personal Best
<b>30</b> <b>LÓPEZ Sergio</b> ESP	<b>21y</b>	<b>328d</b>	<b>1999</b>	<b>10.47</b>	<b>10.36 -18</b>
2019 Spanish Indoor Champion at 60m // 200 pb: 21.24 -20. ht World Youth 100 2015; 5 EJC 100 2017 (2 4x100); sf WJC 100 2018; sf WIC 60 2019; ht EIC 60 2021. 1 Spanish indoor 60 2019 In 2021: 2 Spanish under-23 indoor 60; 3 Spanish indoor 60; 6ht EIC 60; 1 Cartagena 100; 4ht World Relays 4x100; 1 Spanish Clubs 100					
<b>74</b> <b>FALL Mouhamadou</b> FRA	<b>29y</b>	<b>93d</b>	<b>1992</b>	<b>10.28</b>	<b>10.12 -19</b>
2019 French Champion at 200m // 200 pb: 20.34 -19. 4 ECH 4x100 2018; 3 ETCh 200 2019 (+ 1st leg for winning, then disqualified sprint relay team - he stepped on the line on his exchange to Jimmy Vicaut); ht WCH 200 2019; sf EIC 60 2021. 1 French 200 2019 & 100 2020. Coach-Mickaël Hanany (French high jump record holder) In 2021: 2 Mondeville 'Elite' 60; 4 Metz 60; 4 Liévin 'Gold' Tour 60; 3 Eaubonne 60; 2 French indoor 60 (but he's French Champion because winner was the French-based Iranian Hassan Taftian); 2 Madrid 'Gold' Tour 60; 3sf EIC 60; 3ht World Relays 4x100 (missed final by 0.01 and got yellow-carded for throwing down his baton in frustration); 2 Montpellier 200; 1 Angers 100; 3 Andújar 200 'B'					
<b>118</b> <b>EDOBURUN Ojie</b> GBR	<b>24y</b>	<b>360d</b>	<b>1996</b>	<b>10.53</b>	<b>10.04 -18</b>
2019 UK Champion at 100m on his fifth attempt (having previously finished 3rd-4th-4th-5th) 9.93w -17. 200 pb: 20.40w -17, 20.87 -16. 2 World Youth 100 2013; 6 WJC 100 2013; 1 EJC 100 2015; sf ECH 100 2016; 1 under-23 ECH 100 2017 (2 4x100); 4 Athletics World Cup 100 2018; 7 EIC 60 2019; sf WCH 100 2019. 1 UK 100 2019 (2020-2). Coach-Steve Fudge In 2021: 1 Manchester Trafford Open 100/200; 4 Dessau 100					
<b>154</b> <b>ANSAH-PEPRAH Lucas</b> GER	<b>21y</b>	<b>133d</b>	<b>2000</b>	<b>10.25</b>	<b>10.25 -21</b>
Anchored Germany to 4x100 gold at the 2019 European Junior Championships 200 pb: 20.77 -21. 3 WJC 4x100 2018; 4 EJC 100 2019 (1 4x100); 1 World Relays 4x200 2021 In 2021: 3 Frankfurt 60; 1 Hamburg 60 (2x); 1 Chemnitz 200; 7 German indoor 60; 1 World Relays 4x200 (3rd leg, split of 20.21); 1 Mannheim 'Road to Tokyo' 100/200					
<b>210</b> <b>PATTA Lorenzo</b> ITA	<b>21y</b>	<b>5d</b>	<b>2000</b>	<b>10.13</b>	<b>10.13 -21</b>
Anchored Italy to European junior relay silver in 2019 // 200 pb: 21.09 -19. sf WJC 200 2018; 2 EJC 4x100 2019. 1 Italian junior 100/200 2018. Lives-Oristano. Coach-Francesco Garau In 2021: 1 Savona 100 (pb 10.18 heat, then pb 10.13 final) He replaces 10.28 man Federico Cattaneo, who himself had replaced European Indoor Champion Marcell Lamont Jacobs (torn thigh muscle)					
<b>249</b> <b>SŁOWIKOWSKI Przemysław</b> POL	<b>27y</b>	<b>190d</b>	<b>1993</b>	<b>10.43</b>	<b>10.19 -20</b>
2015 Polish Champion at 100m // 10.03w -20. 200 pb: 20.77 -19. 4 WJC 4x100 2012; 2 under-23 ECH 4x100 2013; 8 ETCh 100 2015; sf ECH 100 2016; ht ECH 100 2018; ht ETCh 200 2019; sf EIC 60 2021. 1 Polish 100 2015. Club-AZS AWF Katowice In 2021: 1 Toruń 'National' 60 (Jan 23); 3 Toruń 'National' 60 (Jan 30); 5ht Berlin ISTAF 60; 5 Łódź Orlen Cup 60; 2 Polish indoor 60; 5sf EIC 60; 5ht World Relays 4x100; 1 Warsaw Szelest 100					
<b>261</b> <b>ANTUNES Diogo</b> POR	<b>28y</b>	<b>207d</b>	<b>1992</b>	<b>10.20</b>	<b>10.20 -21</b>
4x Portuguese Champion at 100m // 10.10w -17. 200 pb: 20.70 -19. ht EIC 60 2013; ht ECH 100 2014; 4 Mediterranean Games 100 2018; 7 ECH 4x100 2018. 1 Portuguese indoor 60 2013/2020; 1 Portuguese 100 2016/2017/2019 & 200 2018 In 2021: 3 Portuguese indoor 60; 3 Lisbon Trials 100; 1 Lisbon Liberdade 100; 3 World Relays 4x200 (dq/ht 4x100); 1 Lisbon Inclusao 100					

## Men's 400 Metres

Starts: Saturday, May 29  
(18:28)

2021 World Best:	44.27	Michael Norman USA	Doha	28 May 21
ETCh Record:	44.99	Jonathan Borlée BEL	Budapest	19 Jun 10
ECP Record, if better:	44.75	David Grindley GBR	Rome	26 Jun 93
Tokyo Olympic Standard:	44.90			

	Age	(Days)	Born	2021	Personal Best
<b>18</b> <b>GARCÍA Samuel</b> ESP	<b>29y</b>	<b>176d</b>	<b>1991</b>	<b>-</b>	<b>45.00 -17</b>
2018 European 4x400m bronze // 46.52i -21. 200 pb: 20.59 -17 (21.42 -21). 4 WIC 4x400 2012; 8 ETCh 2013/2014/2015; 7 ECH 2014 (2016/2018-sf); 6 EIC 2017 (2013/2021-ht, 2015-sf); ht WCH 2017 (5 4x400); 3 ECH 4x400 2018; 7 ETCh 200 2019. 1 Spanish 2012/2013/2014 (1 indoor 2013/2015). 1 Spanish 200 2017 In 2021: 1 Barcelona; 1 Valencia Grand Prix; 3 Karlsruhe 'Gold' Tour 'B'; 1 Ghent IFAM 'B'; 2 Spanish indoor; 4ht EIC; 2 L'Hospitalet 200; 6 World Relays Mixed 4x400					
<b>79</b> <b>JORDIER Thomas</b> FRA	<b>26y</b>	<b>290d</b>	<b>1994</b>	<b>46.49</b>	<b>45.50 -15</b>
2015 European under-23 Champion // 46.13i -21. dq/ht EIC 2013/2021; 3 EJC 2013; 3 ECH 4x400 2014 (2018-4); 1 ETCh 4x400 2015; 1 under-23 ECH 400/4x400 2015; sf ECH 2016; sf EIC 2017 (4 4x400); 3 EIC 4x400 2019. 1 French 2016/2018 & indoor 2017/2018/2021. Good in relays - he caught Britain (Hudson-Smith) on the anchor leg at the 2015 European Team Championships in Cheboksary. Coach-Alex Menal In 2021: 1 Miramas 'Elite'; 2 Karlsruhe 'Gold' Tour; 1 Metz; 1 Eaubonne; 1 French indoor; dq/ht EIC (lane, having clocked a fast 46.51); 3ht World Relays 4x400/Mixed 4x400 (rested from finals); 1 Castiglione della Pescaia; 1 Rehlingen 'B'					
<b>113</b> <b>CHALMERS Cameron</b> GBR	<b>24y</b>	<b>112d</b>	<b>1997</b>	<b>45.98</b>	<b>45.64 -17</b>
2019 European under-23 silver. Did not compete in 2020 // sf WJC 2016; 4 under-23 ECH 2017 (1 4x400); sf COM 2018 (for Guernsey); ht ECH 4x400 2018 (won silver won by Britain in final); sf EIC 2019 (5 4x400); 2 under-23 ECH 400/4x400 2019; dnf WCH 4x400 2019. 1 British Universities 2016/2017/2018 (1 indoor 2016/2017); 1 UK indoor 2019 (2016-2); 2 UK 2019 (2017/2018-3). His younger brother Alistair Chalmers is one of Britain's top 400m hurdlers. Coach-Matt Elias In 2021: 1 St. Peter Port; 1 Loughborough International					
<b>172</b> <b>SCHLEGEL Marvin</b> GER	<b>23y</b>	<b>147d</b>	<b>1998</b>	<b>46.78</b>	<b>45.80 -20</b>
2020 German Champion // 200 pb: 21.20 -18. ht EIC 2017; 1 under-23 ECH 4x400 2019; sf EIC 2021. 1 German 2020. Coach-Jörg Möckel In 2021: 1 Chemnitz; 1 Karlsruhe 'Gold' Tour; 1 Erfurt; 3 German indoor; 4sf EIC; 2 Gran Canaria Open #1 100/300; 1 Gran Canaria Open #2; 4ht World Relays 4x400; 1 Mannheim 'Road to Tokyo'					
<b>213</b> <b>RE Davide</b> ITA	<b>28y</b>	<b>74d</b>	<b>1993</b>	<b>45.76</b>	<b>44.77 -19</b>
DEFENDING EUROPEAN TEAM CHAMPION In June 2019 (at La Chaux-de-Fonds) became the first Italian below 45 seconds for 400m, then did so again at the Word Championships (where he missed the final by one place) 200 pb: 20.93 -19. sf World Youth 2009; ht ECH 2014; 4 under-23 ECH 2017; sf WCH 2017/2019; 6 WSG 2017; 1 Mediterranean Games 2018; sf ECH 2018; 1 ETCh 2019 (2017-3); 6 WCH 4x400 2019. 1 Italian 2017/2018 (1 200 2018). Former ski instructor. Coach-Maria Chiara Milardi In 2021: 1 Rieti 'Perseus'; 1 World Relays Mixed 4x400 (anchored team to win); 1 Rieti 300/500 (May 15/16)					
<b>237</b> <b>KOWALUK Dariusz</b> POL	<b>25y</b>	<b>42d</b>	<b>1996</b>	<b>46.98i</b>	<b>46.06 -18</b>
2018 Polish under-23 Champion // 8 EJC 400 2015; 2 under-23 ECH 4x400 2017; ht ECH 400 2018; 4 EIC 4x400 2019. 1 Polish under-23 400 2018. Club-AZS AWF Warsaw In 2021: 1 Toruń 'National' 300 (4 200) (Jan 30); 2 Toruń PZLA 'Control' 'B'; 2 Polish indoor; 3ht World Relays 4x400; 1 Warsaw Szelest					
<b>280</b> <b>PEREIRA Mauro</b> POR	<b>23y</b>	<b>63d</b>	<b>1998</b>	<b>46.41</b>	<b>46.41 -21</b>
ht EIC 2021. 1 Portuguese indoor 2017 In 2021: 1 Braga; 1 Pombal; 2 Portuguese indoor; 4ht EIC; 1 Lisbon Trials; 6ht World Relays Mixed 4x400; 1 Portuguese Clubs 200/400					

## Men's 1500 Metres

Starts: Saturday, May 29  
(17:49)

2021 World Best:	3:30.48	Timothy Cheruiyot KEN	Doha	28 May 21
ETCh Record:	3:37.74	Jakub Holuša CZE	Braunschweig	21 Jun 14
ECP Record, if better:	3:33.63	José Absacal ESP	Prague	20 Aug 83
Tokyo Olympic Standard:	<b>3:35.00</b>			

	Age	(Days)	Born	2021	Personal Best
<b>20</b> <b>GOMEZ Jesus</b> ESP	<b>30y</b>	<b>35d</b>	<b>1991</b>	<b>3:35.70</b>	<b>3:33.07 -20</b>
Full name-Jesús Gómez Santiago Twice European indoor bronze // 3000 pb: 7:48.76i -19, 7:54.46 -20 (7:50.38i -21). 800 pb: 1:45.67 -17. 7 Mediterranean Games 2017; 3 EIC 2019/2021; sf WCH 2019. At EXC: 2017-3 relay. 1 Spanish indoor 2019/2021. Coach-Benjmain Álvarez In 2021: 2 Valencia Grand Prix 3000; 1 Spanish indoor; 3 EIC; 1 Nerja 1000; 2 Ostrava Golden Spike					
<b>76</b> <b>GRESSIER Jimmy</b> FRA	<b>24y</b>	<b>25d</b>	<b>1997</b>	-	<b>3:37.83 -19</b>
Reigning European under-23 Champion at 5000m, 10,000m & XC (and also now a world-class steeplechaser) 3:38.03i -21. 3000 pb: 7:39.70i -21, 7:53.81 -18. 10,000 pb: 28:44.17 -19. 5000 pb: 13:15.77 -20 (13:18.00 -21). 3000SC pb: 8:24.72 -20. 10 WJC 5000 2016; 1 under-23 ECH 5000/10,000 2019; 9 ETCh 3000 2019; 8 EIC 3000 2021. At WXC: 2015-80J (after only six months of training in athletics). At EXC: 2015-4J, 2016-4J, 2017-1u23, 2018-1u23 (knee-slide into finishing tape), 2019-1u23. His first sport was football, he played for the team which placed fourth at the 2015 World Schools Championship, but he became "The footballer who was running too fast". Coach-Arnaud Dinielle In 2021: 3 Karlsruhe 'Gold' Tour 3000; 7 Liévin 'Gold' Tour 1500; 4 French indoor 1500; 1 Toulon 5000; 8 EIC 3000; 8 Gateshead Diamond 5000					
<b>115</b> <b>DAVIS Archie</b> GBR	<b>22y</b>	<b>225d</b>	<b>1998</b>	<b>3:41.66</b>	<b>3:40.30 -19</b>
3:41.40i -21. 800 pb: 1:46.65 -21. 4 Commonwealth Youth Games 2015; ht WJC 2016; 5 EJC 2017; ht EIC 2015. 6 UK indoor 2019; 5 UK 2020 (2019-7). Coach-Joel Kidger In 2021: 3 Manchester Invitational; 2 Manchester UK Trial; 6ht EIC; 1 Worthing Open 800; 1 Manchester Trafford Grand Prix 800; 6 Gateshead Diamond					
<b>160</b> <b>FARKEN Robert</b> GER	<b>23y</b>	<b>251d</b>	<b>1997</b>	<b>3:37.41</b>	<b>3:37.41 -21</b>
3x German Indoor Champion at 800m // 800 pb: 1:46.04 -21. sf EIC 800 2017 (2019-ht). 1 German indoor 800 2017/2019/2020. He was Europe's quickest junior at 800m in 2016, but his fast time came too late to qualify for the World Junior Championships. From-Leipzig. Coaches-Thomas Dreianzigacker & Andreas Michallek In 2021: dnf Erfurt 800; 1 Karlsruhe 800; 1 Leipzig 800; 3 Rehlingen 1500 'B'					
<b>200</b> <b>GUELFO Matteo</b> ITA	<b>20y</b>	<b>140d</b>	<b>2001</b>	<b>3:39.80</b>	<b>3:39.80 -21</b>
800 pb: 1:49.44i, 1:50.54 -21. Coach-Fabrizio Massi In 2021: 2 Italian under-23 indoor 800; 3 Italian indoor 800; 16 Rome 'Riparte' 10K; 1 Milan 1500; 5 Savona 800; 8 Castiglione della Pescaia 800 'B'					
<b>246</b> <b>ROZMYS Michal</b> POL	<b>26y</b>	<b>77d</b>	<b>1995</b>	<b>3:37.10</b>	<b>3:36.37 -17</b>
2019 World Student Games Champion at 1500m // 3:36.10i -21. 3000 pb: 8:11.90 -17. 800 pb: 1:45.32 -18 (1:47.02-21). 9 ETCh 3000 2017; 3 under-23 ECH 1500 2017; sf WCH 800/1500 2017; 4 ECH 800 2018; ht EIC 800 2019; 1 WSG 1500 2019; 1 World Military Games 800/1500 2019; 6 EIC 1500 2021. 1 Polish 800 2017 & indoor 800 2019. 1 Polish 1500 2020. Club-UKS Barnim Goleniów. Coach-Jacek Kastrzeba. 1.87 tall In 2021: 7 Ostrava Czech Indoor Gala 800; 6 Metz 1500; 2 Toruń PZLA 'Control' 800; 4 Toruń 'Gold' Tour 1500; 1 Polish indoor 3000 (2 1500); 6 EIC 1500; 8 Ostrava Golden Spike 1500; 1 Rehlingen 800 'B' ... he is is a late replacement for Marcin Lewandowski					
<b>278</b> <b>NADER Isaac</b> POR	<b>21y</b>	<b>285d</b>	<b>1999</b>	<b>3:37.15</b>	<b>3:37.15 -21</b>
Full name-Isaac Zambujeiro Nader // 3000 pb: 7:57.45i -21, 8:01.66 -19. 800 pb: 1:47.93 -20 (1:48.95 -21). 10,000 pb: 29:57.34 -19. 15 European Youth 3000 2016; ht EIC 1500/3000 2021. At EXC: 2017-79J, 2018-62J, 2019-68u23. 1 Portuguese 1500 2020 & 1 indoor 1500/3000 2021 In 2021: 1 Lisbon 800; 1 Braga 800; 1 Pombal 1500; 1 Portuguese indoor 1500; 9ht EIC 1500 & 9ht EIC 3000; 1 Maia Ribeiro 1500; 4 Andújar 1500					

## Men's 5000 Metres

Starts: Saturday, May 29  
(17:27)

2021 World Best:	13:01.68	Mark Lomuket KEN	Bergamo	12 May 21
ETCh Record:	13:36.75	Ali Kaya TUR	Vaasa	24 Jun 17
ECP Record, if better:	13:21.68	Salvatore Antibo ITA	Frankfurt	30 Jun 91
Tokyo Olympic Standard:	<b>13:13.50</b>			

	Age	(Days)	Born	2021	Personal Best
<b>35</b> <b>MAYO Carlos</b> ESP Full name-Carlos Mayo Nieto 2017 European under-23 Champion at 10,000m 3000 pb: 7:45.54i, 7:48.29 21. 10,000 pb: 28:48.41 -17. 10 WJC 10,000 2014 (14 5000); 3 under-23 ECH 5000 2015/2017; 13 ECH 5000 2016; 8 EIC 3000 2017; 1 under-23 ECH 10,000 2017. At EXC: 2013-35J, 2014-2J, 2015-2u23, 2016-2u23, 2019-13. Born-Madrid, coach-José Luis Mareca He has reported how neighbours screamed in anger at him during the 2020 Covid lockdown when he - as an elite athlete - was first allowed outdoors to train In 2021: 2 Toulon 5000; 2 Ibiza 3000; 5 Bergamo 5000	<b>25y</b>	253d	1995	<b>13:18.76</b>	<b>13:18.76 -21</b>
<b>78</b> <b>HAY Hugo</b> FRA European under-23 silvers at both cross country and 5000m // 3000 pb: 7:47.30i -21, 8:14.52 -17. 1500 pb: 3:38.73 -20. 6 EJC 5000 2015; 2 under-23 ECH 5000 2019 (2017-5); 3 ETCh 5000 2019; 6 EIC 3000 2021. At EXC: 2015-47J, 2016-7J, 2017-2u23, 2018-3u23, 2019-18u23. 1 French 5000 2019 In 2021: 1 Mondeville 'Elite' 3000; dnf Ghent IFAM 3000; 1 French indoor 3000; 6 EIC 3000	<b>24y</b>	62d	1997	-	<b>13:27.47 -20</b>
<b>135</b> <b>MORTIMER Tom</b> GBR 3000 pb: 8:00.99 -20. 1500 pb: 3:42.90 -21. 12 EJC 5000 2017; 16 WJC 5000 2016. At EXC: 2018-32J. 3 UK 5000 2020. Coach-Christopher Brown In 2021: 1 Barrowford 5K; 1 Loughborough April Track Open, Loughborough University Track 3000; 1 Manchester Trafford Grand Prix 5000; 1 Loughborough International 1500	<b>22y</b>	142d	1999	<b>13:39.79</b>	<b>13:39.79 -21</b>
<b>189</b> <b>CRIPPA Yemaneberhan</b> ITA DEFENDING EUROPEAN TEAM CHAMPION Italian record holder at 3000m, 5000m & 10,000m 10,000 pb: 27:10.76 -19. 3000 pb: 7:38.27 -20. 1500 pb: 3:35.26 -20. 6 World Youth 1500 2013; 10 WJC 1500 2014; 3 EJC 5000 2015; 8 ECH 5000 2016; 7 EIC 3000 2017; 1 under-23 ECH 5000 2017; 3 Mediterranean Games 5000 2018; 3 ECH 10,000 2018 (4 5000); 1 ECP 10,000 2019; 1 ETCh 5000 2019; 8 WCH 10,000 2019 (ht 5000). At WXC: 2013-38J, 2015-20J. At EXC: 2012-32J, 2013-7J, 2014-1J, 2015-1J, 2016/2017-3u23, 2018-6, 2019-2. 1 Italian 1500 2016. Born-Ethiopian, lives-Trento. His older brother Nekagenet Crippa is also an international runner. Coach-Massimo Pegoretti	<b>24y</b>	225d	1996	-	<b>13:02.26 -20</b>
<b>257</b> <b>WIĄCEK Aleksander</b> POL 2017 World Youth steeplechase finalist // 1500 pb: 3:45.79 -21. 3000 pb: 8:01.03i -21, 8:09.05 -20. 10,000 pb: 29:45.82 -21. 12 World Youth 2000SC 2017. 7 EJC 3000 2019. At EXC: 2019-dnf In 2021: 2 Toruń 'National' 3000; 1 Toruń PZLA 'Control' 3000; 2 Polish indoor 3000; 5 Polish 10,000	<b>20y</b>	330d	2000	<b>15:01.80</b>	<b>14:19.02 -20</b>
<b>265</b> <b>BARATA Samuel</b> POR Twice Portuguese Champion at 5000m // 3000 pb: 7:53.39i -21, 8:01.05 -20. 10,000 pb: 28:03.94 -21. Marathon pb: 2:24:15 -19. Half Mar pb: 62:01 -19. 7 WJC 10,000 2012; 63 ECH Half Mar 2016; 5 WSG 10,000 2017; dnf ECH 10,000 2018, 40 World Half Mar 2020; ht EIC 3000 2021. At EXC: 2011-dnfJ, 2012-94J, 2014-46u23, 2014 -46u23, 2015-dnf/u23, 2016-dnf, 2017-20. 1 Portuguese 3000 2020, 5000 2017/2018, 10,000 2020/2021 & indoor 3000 2020 Marathon (1): 85 Tokyo 2019 In 2021: 1 Lisbon 5K; 1 Braga 3000; 2 Portuguese indoor 3000; 6ht EIC 3000; 1 Portuguese 10,000; 2 Vienna 5000	<b>27y</b>	314d	1993	<b>13:31.90</b>	<b>13:31.90 -21</b>
<b>317</b> <b>THORWIRTH Maximilian</b> GER 3000 pb: 7:46.38i -21. 1500 pb: 3:39.66 -20. At EXC: 2017-7 Relay. 1 German under-23 5000 2017. 1 German indoor 3000 2020 In 2021: dnf Phoenix 3000; 4 Staten Island 'Gold' Tour 2M; 7 Austin 5000; 4 Vienna 5000	<b>26y</b>	140d	1995	<b>13:38.16</b>	<b>13:34.82 -20</b>

## Men's 400 Metres Hurdles

Starts: Saturday, May 29  
(15:45)

2021 World Best:	47.13	Rai Benjamin USA	Walnut	9 May 21
ETCh Record:	48.46	Karsten Warholm NOR	Vaasa	24 Jun 17
ECP Record, if better:	47.85	Harald Schmid FRG	Turin	4 Aug 79
	47.85	Harald Schmid FRG	Moscow	17 Aug 85
Tokyo Olympic Standard:	<b>48.90</b>			

	Age	(Days)	Born	2021	Personal Best
<b>12</b> DELGADO Jesus David ESP	<b>21y</b>	346d	1999	<b>50.34</b>	<b>50.34 -21</b>
Breakthrough from 50.94 to 50.34 so far in 2021 // 400 pb: 47.83i -20 (48.51i -21), 48.78 -21. sf WJC 2018. 1 Spanish under-23 2019 In 2021: 2 Barcelona 400; 3 Spanish under-23 indoor 400; 1 L'Hospitalet; 1 Barcelona; 3 Andújar					
<b>102</b> VAILLANT Ludvy FRA	<b>26y</b>	75d	1995	-	<b>48.30 -19</b>
Strong fourth at 2018 European Championships // 400 pb: 45.25 -18. 8 EJC 2013; 7 under-23 400 2015 (1 4x400); 3 under-23 ECH 400H/4x400 2017; sf WCH 2017 (8 4x400); 1 Mediterranean Games 2018; 3 Athletics World Cup 400 2018; 4 ECH 400H/4x400 2018; 2 ETCh 2019 (2017-5); sf WCH 2019 (7 4x400). 1 French 2018/2020. Coach-Jean-Claude Berquier In 2021: 1 Le Lorrain 60/300; 1 Fort-de-France 300					
<b>112</b> CHALMERS Alastair GBR	<b>21y</b>	58d	2000	<b>50.23</b>	<b>49.66 -20</b>
Commonwealth Games representative for Guernsey // 400 pb: 48.18i -19. 1 Island Games 2017; 1 Commonwealth Youth Games 2017; ht COM 2018; 6 WJC 2018 (3 4x400); dq sf EJC 2019 (out of lane, which was a pity because the final was won in a slower time than his season's best). 1 English junior & senior 2019; 1 UK 2020. His older brother is Cameron Chalmers (400 pb 45.64, also competed at the 2018 Commonwealth Games). 1.87 tall. Coach-Matt Elias In 2021: 1 Nuneaton Birchfield warmup ... his brother Cameron is due to run the flat 400m for Britain at Chorzów					
<b>152</b> AGYEKUM Emil GER	<b>22y</b>	7d	1999	<b>49.77</b>	<b>49.69 -19</b>
Full name-Emil Nana Kwame Agyekum 2019 European under-23 bronze // 3 European Youth 2016; ht WJC 2018; 3 under-23 ECH 2019. 2 German 2020. Coach-Sven Buggel In 2021: 1 Berlin; 1 Pliezhausen					
<b>215</b> SIBILIO Alessandro ITA	<b>22y</b>	32d	1999	<b>49.25</b>	<b>49.25 -21</b>
World & European junior relay golds // 400 pb: 46.13 -21. 1 European Youth 400H 2016; 2 EJC 400H 2017 (1 4x400); 8 WJC 400H 2018 (1 4x400); 5ht ETCh 400H 2019. 1 Italian 400H 2019. Born-Naples In 2021: 1 Rome Sprint Festival; 4 World Relays 4x400; 1 Savona; 2 Ostrava Golden Spike					
<b>225</b> DOBEK Patryk POL	<b>27y</b>	105d	1994	-	<b>48.40 -15</b>
DEFENDING EUROPEAN TEAM CHAMPION 7x Polish Champion at 400m Hurdles, now he's European Indoor Champion at 800m 800 pb: 1:45.88 -21. 400 pb: 46.12 -19 (47.69i -21), also 45.32 relay split in 2015. 3 World Youth 400H 2011; sf WJC 400H 2012 (2 4x400); 2 EJC 400H 2013 (2 4x400); 1 under-23 ECH 400H 2015; 7 WCH 400H 2015 (2017/2019-sf); ht OLY 400H 2016; 5 WSG 400H 2017; 5 ECH 400H 2018 (2014-sf); 3 WSG 400H 2019 (2017-5); 1 ETCh 400H 2019 (2015-2, 2017-3); 1 EIC 800 2021. 1 Polish 400H 2014-2020. 1 Polish indoor 800 2021. Club-MKL Szczecin Coach (since December 2020)-Zbigniew Król, who previously coached Adam Kszczot In 2021: 1 Toruń 'National' 400; 1 Spata 400; dnf Metz 800; 1 Toruń PZLA 'Control' 800; 1 Polish indoor 800 (defeated Adam Kszczot); 1 EIC 800; 1 World Relays Mixed 2x2x400 (laps of 52.85 & 50.35); 5 Ostrava Golden Spike 800					
<b>277</b> MESTRE Diogo POR	<b>26y</b>	9d	1995	<b>52.97</b>	<b>50.39 -18</b>
Twice Portuguese Champion // 400 pb: 48.65 -14 (49.63 -21). ht WJC 2014; ht ECH 2018. 1 Portuguese 2015/2018 In 2021: 2 Portuguese indoor 400; 2 Almada 400H					

## Men's High Jump

Starts: Saturday, May 29  
(17:01)

2021 World Best:	2.37	Ilya Ivanyuk ANA/RUS	Smolensk	17 May 21
	2.37i	Maksim Nedasekau BLR	Torun	7 Mar 21
ETCh Record:	2.35	Dmytro Demyanyuk UKR	Stockholm	18 Jun 11
ECP Record, if better:	2.40	Patrik Sjöberg SWE	Brussels	5 Aug 89
Tokyo Olympic Standard:	2.33			

	Age	(Days)	Born	2021	Personal Best
<b>54</b> <b>TORRERO Angel</b> ESP	<b>20y</b>	146d	2001	<b>2.16</b>	<b>2.16 -21</b>
Full name-Angel Borrero Pozo // 11 European Youth 2018. 1 Spanish under-23 indoor 2021. Coach-Miguel Velez Blasco In 2021: 4 Spanish Clubs indoor; 1 Spanish under-23 indoor; 2 Spanish indoor; 2 Sabadell; 1 Valencia; 1 Barcelona					
<b>87</b> <b>MICHEAU Sebastien</b> FRA	<b>23y</b>	26d	1998	<b>2.16</b>	<b>2.19 -20</b>
2.22i -21. 2 French 2019/2020; 1 French indoor 2021. Coaches-Ludovic Martin & Laurent Bodin In 2021: 1 Bordeaux; 1 Miramas 'Elite'; 1 Val-de-Reuil; 1 French indoor; 1 Challans					
<b>124</b> <b>GRIMSEY William</b> GBR	<b>24y</b>	165d	1996	<b>2.25</b>	<b>2.25 -21</b>
Sixth at 2019 World Student Games. 3x British Universities Champion (2 out + 1 in) 6 WSG 2019. 1 English junior 2015; =1 English Schools 2015; 1 British Universities 2016/2019 & indoor 2018; 2 English under-23 2016/2017; 2 UK 2020 (2019-3). Attends Loughborough University. Coach-Fuzz Caan In 2021: 1 Loughborough Elite; 3 Loughborough UK Trial; 3 Loughborough Open; 2 Nuneaton Birchfield warmup; 1 Loughborough International					
<b>177</b> <b>WENDRICH Falk</b> GER	<b>25y</b>	351d	1995	<b>2.20</b>	<b>2.29 -17</b>
2017 World Student Games Champion // 2.25i -21. 2 WJC 2012 (2014-5); 5 under-23 ECH 2017; 1 WSG 2017; 7 EIC 2019. 2 German indoor 2019. In 2012 broke the German youth record which had stood to Dietmar Mögenburg since 1978 In 2021: 1 Leverkusen (Jan 23); 6 Banská Bystrica 'Gold' Tour; 3 Luxembourg; 2 German indoor; 3 Leverkusen (May 16); 7 Rehlingen					
<b>217</b> <b>TAMBERI Gianmarco</b> ITA	<b>28y</b>	361d	1992	-	<b>2.39 -16</b>
2016 World Indoor Champion, 2016 European Champion, 2019 European Indoor Champion 2.35i -21. dnq World Youth 2009; 3 EJC 2011; dnq OLY 2012; 1 WIC 2016; 1 ECH 2016 (2012-5, 2014-7=, 2016/2018-4); 1 EIC 2019 (2013-5, 2015-6, 2021-2); 8 WCH 2019 (2015-8=, 2017-dnq). 1 Italian 2012/2014/2016/2018/2020 (1 indoor 2016/2019/2021). His elder brother Gianluca Tambari was fourth in the javelin the 2009 European Junior Championships. Coach/father-Marco Tambari (pb 2.27 -83, 15 OLY 1980). Former drummer and basketball player. Tore a ligament in his left ankle on attempting 2.41 at Monaco three weeks before the 2016 Olympics. Further ankle surgery in January 2017. 1.89 tall In 2021: 1 Ancona; 1 Banská Bystrica 'Gold' Tour; 2 Nehvizdy; 3 Torun 'Gold' Tour (won World Athletics 'Tour', \$20,000 and auto entry for 2022 World Indoor Champs); 1 Italian indoor; 2 EIC					
<b>234</b> <b>KOBIELSKI Norbert</b> POL	<b>24y</b>	121d	1997	<b>2.24</b>	<b>2.28 -20</b>
2.29i -20. nh EJC final 2015; 10 WSG 2017; 4 ETCh 2017 (2019-5); dnq EIC 2019; 3 under-23 ECH 2019 (2017-8). 1 Polish 2020 & indoor 2019/2020/2021. 2.02 tall In 2021: 1 Polish indoor; 1 Aleksandrów Łódzki					
<b>275</b> <b>KORST Vitor</b> POR	<b>24y</b>	219d	1996	<b>2.19</b>	<b>2.25 -20</b>
dnq WJC 2014; dnq EJC 2015. 1 Portuguese 2018. 1.91 tall In 2021: 1 Lisbon Inclusao					

## Men's Long Jump

Starts: Saturday, May 29  
(16:06)

2021 World Best:	8.60	Miltiádis Tentóglou GRE	Athens	26 May 21
ETCh Record:	8.36	Aleksandr Menkov RUS	Gateshead	22 Jun 13
ECP Record, if better:	8.38	Robert Emmiyan URS	Prague	27 Jun 87
	8.38	Kirill Sosunov RUS	St Petersburg	27 Jun 98
	8.40w	Kostas Koukodimos GRE	Valencia	11 Jun 94
Tokyo Olympic Standard:	8.22			

	Age	(Days)	Born	2021	Personal Best
<b>6</b> <b>CÁCERES Eusebio</b> ESP Full name-Eusebio Cáceres López Fourth at 2013 Worlds, 2014 Europeans & 2019 European indoors 100 pb: 10.34w -09, 10.37 -12. Decathlon pb: 7273 -11. 2 World Schools Games 2006; 6 World Youth Octathlon 2007; 1 ETCh 2009 (2010-5, 2014-3, 2017-2); 6 EJC 2009 (sf 100); 2 WJC 2010 (2008-3); 8 under-23 ECH 2011; dnq OLY 2012; 4 WCH 2013 (2011/2017-dnq, 2019-7); 4 ECH 2014 (2010-8, 2012-5, 2016-nm final); 8 WIC 2018; 4 EIC 2019 (2011/2017-dnq). 1 Spanish 2012/2014/2015/2019 (1 indoor 2011/2012/2017/2018/2019/2021) In 2021: 5 Karlsruhe 'Gold' Tour; 1 Ghent IFAM; 1 Spanish indoor; 4 Madrid 'Gold' Tour; 1 Zaragoza; 2 Gateshead Diamond	29y	261d	1991	8.04	8.37 -13
<b>64</b> <b>BEY Augustin</b> FRA 2019 French Champion // 9 Mediterranean Games 2018; 10 ETCh 2019. 1 French 2019 & indoor 2020. Coach-Quentin Lallemand In 2021: 7 Karlsruhe 'Gold' Tour; 1 Sarrebourg; 1 Ostrava Golden Spike	25y	357d	1995	8.02	8.13 -20
<b>108</b> <b>BANIGO Reynold</b> GBR 2020 UK Champion // 7.88w -21. 11 under-23 ECH 2019. 1 English Schools 2016; 1 English 2018; 2 English under-23 2019; 1 Scottish indoor 2020; 1 British Universities indoor 2020; 3 UK indoor 2019/2020; 1 UK 2020. Attends Loughborough College. Coach-Lukasz Zawila He works part-time as a barber under the title 'RayRazors' In 2021: 2 Ostrava Czech Indoor Gala; 1 Nehvizdy; 2 Loughborough Elite; 1 Loughborough Open; 2 Nuneaton Birchfield warmup; 7 Gateshead Diamond	22y	289d	1998	7.74	7.94 -20
<b>164</b> <b>HEINLE Fabian</b> GER 2018 European silver // 7.94i -21. 4 EJC 2013; 1 under-23 ECH 2015; dnq WCH 2015; dnq OLY 2016; 2 ECH 2018 (2016-6). 1 German 2015/2018. Coach-Tamas Kiss. 1.87 tall In 2021: 1 Frankfurt; 8 Karlsruhe 'Gold' Tour; 1 Ettlingen; 4 Ostrava Golden Spike	27y	15d	1994	7.73	8.25 -15
<b>212</b> <b>RANDAZZO Filippo</b> ITA 2015 European junior bronze // 8.11w -21. 10 World Youth 2013; dnq WJC 2014; 3 EJC 2015; 7 EIC 2017; 2 under-23 ECH 2017; 7 WSG 2017; 1 Mediterranean under-23 2018. 1 Italian 2019 In 2021: 2 Ancona; 1 Savona; 1 Gateshead Diamond	25y	31d	1996	8.05	8.12 -20
<b>245</b> <b>RÓZANSKI Mateusz</b> POL 7.84w -19 (7.68i -21). 6 EJC 2017; 5 under-23 ECH 2019. 1 Polish indoor 2021 In 2021: 2 Toruń 'National'; 3 Ostrava Czech Indoor Gala; 1 Mielec; 2 Toruń PZLA 'Control'; 1 Polish indoor; 1 Warsaw Szelest	22y	291d	1998	7.53	7.80 -18
<b>290</b> <b>TAVARES Ivo</b> POR 1 Portuguese 2018/2019 In 2021: 2 Portuguese indoor; 1 Braga; 2 Maia Ribeiro; 1 Lisbon Inlusao	25y	118d	1996	7.66	8.05 -19

## Men's Shot Put

Starts: Saturday, May 29  
(17:20)

2021 World Best:	23.01	Ryan Crouser USA	Tucson	22 May 21
ETCh Record:	21.83	Michał Haratyk POL	Bydgoszcz	10 Aug 19
ECP Record, if better:	22.05	Sergey Smirnov URS	Moscow	17 Aug 85
Tokyo Olympic Standard:	21.10			

	Age	(Days)	Born	2021	Personal Best
<b>53</b> <b>TOBALINA Carlos</b> ESP	<b>35y</b>	<b>300d</b>	<b>1985</b>	<b>20.06</b>	<b>20.57 -19</b>
7x Spanish Champion (4 in + 3 out) // 19.67i -21. 6 Ibero-American 2012; 9 ECH 2014 (2016-10, 2018-dnq); dnq EIC 2015/2017/2019; 10 WIC 2016; dnq OLY 2016; 7 ETCh 2017 (2019-9); dnq WCH 2017; 8 Mediterranean Games 2018. 1 Spanish 2018/2019/2020 & indoor 2016/2017/2019/2021. Coach-Carlos Burón (same as former World Indoor Champion Manuel Martínez). 1.88/120kg In 2021: 1 Oviedo; 1 San Sebastián; 2 Spanish Clubs indoor; 2 Barcelona Catalonia International; 1 León; 1 Spanish indoor; 1 L'Hospitalet; 11 European Throws Cup; 1 Soria; 1 Palencia; 6 Andújar					
<b>71</b> <b>DAGEE Frederic</b> FRA	<b>28y</b>	<b>168d</b>	<b>1992</b>	<b>19.61</b>	<b>20.35 -19</b>
6x French Champion (4 out + 2 in) // 20.36i -18. dnq World Youth 2009; 8 WJC 2010; 2 EJC 2011; 8 Francophone Games 2013; 3 Mediterranean under-23 2014; dnq EIC 2017; 5 Athletics World Cup 2018; dnq ECH 2018; 3 ETCh 2019 (2017-4). 1 French 2017/2018/2019/2020 (1 indoor 2019/2020). Coach-Jacques Pelgas. 1.92/121kg In 2021: 1 Miramas 'Elite'; nm Lyon; 2 French indoor; 5 European Throws Cup 'B'; 4 Savona; 1 Boulouris					
<b>131</b> <b>LINCOLN Scott</b> GBR	<b>28y</b>	<b>22d</b>	<b>1993</b>	<b>20.29</b>	<b>20.65 -20</b>
Easily the British #1 - unbeaten in 11 successive UK Championships (2015 out, 2016 in & out, 2017 in & out, 2018 in & out, 2019 in & out, 2020 in & out) 5 ETCh 2019 (2017-10). 3 English Schools 2011; 1 English under-23 2015 (2013/2014-2); 1 UK 2015-2020; 1 UK indoor 2016/2017/2018/2019/2020; 1 English 2015/2016/2017/2019. Played rugby for Darlington as a youth. Coach-Paul Wilson. 1.90/130kg In 2021: 1 Loughborough Elite; 1 Loughborough UK Trial; 1 Manchester Trafford Open; 1 Loughborough Spring Throws; 3 European Throws Cup; 1 York; 1 Loughborough International					
<b>156</b> <b>BAYER Simon</b> GER	<b>25y</b>	<b>187d</b>	<b>1995</b>	<b>20.30</b>	<b>20.30 -21</b>
2019 German Champion // 5 under-23 ECH 2017; 6 Athletics World Cup 2018; 9 WSG 2019; 4 ETCh 2019. 1 German 2019. Coach-Artur Hoppe. 1.89/105kg In 2021: 1 Sindelfingen; 5 Rochlitz; 4 German indoor; 4 Belgrade Serbian Open; 1 Bad Boll (May 1); 1 Bad Boll (May 9); 3 Halle					
<b>194</b> <b>FABBRI Leonardo</b> ITA	<b>24y</b>	<b>44d</b>	<b>1997</b>	<b>19.81</b>	<b>21.99 -20</b>
2019 European under-23 silver // DT pb: 53.02 -19. dnq World Youth SP 2013; 7 Youth Olympic Games SP 2014; 11 EJC DT 2015; dnq WJC SP/DT 2016; dnq ECH SP 2018; dnq EIC SP 2019/2021; 2 under-23 ECH SP 2019 (2017-7); 6 ETCh SP 2019; dnq WCH SP 2019. 1 Italian SP 2019/2020 & indoor SP 2018/2019/2020/2021. Coach-Paolo Dal Soglio (1 EIC 1996). 2.00/120kg In 2021: 6 Toruń 'Gold' Tour SP; 1 Italian indoor SP; dnq EIC SP; 8 European Throws Cup; 3 Savona; 7 Ostrava Golden Spike					
<b>229</b> <b>HARATYK Michał</b> POL	<b>29y</b>	<b>48d</b>	<b>1992</b>	<b>22.17</b>	<b>22.32 -19</b>
DEFENDING EUROPEAN TEAM CHAMPION Reigning European Champion indoors & out. Polish record holder DT pb: 53.53 -13. 14 WIC 2016; dnq OLY 2016; 5 WCH 2017 (2019-dnq); 1 Athletics World Cup 2018; 1 ECH 2018 (2016-2); 1 EIC 2019 (2017-dnq, 2021-2); 1 ETCh 2019. 1 Polish 2017/2018/2020 & indoor 2018/2019/2020/2021. His elder brother Łukasz Haratyk is an 18.82 shot putter. In 2020 he constructed his own shot putting facility in his hometown. Club-KS Sprint Bielsko-Biała. 1.94/135kg In 2021: 1 Spała; 1 Łódź Orleń Cup; 1 Toruń 'Gold' Tour; 1 Polish indoor; 2 EIC; 1 Warsaw Szelest; 2 Ostrava Golden Spike					
<b>267</b> <b>BELO Francisco</b> POR	<b>30y</b>	<b>63d</b>	<b>1991</b>	<b>20.80</b>	<b>20.97 -19</b>
Full name-Francisco Miguel Pereira Boavida Pires Belo 2017 World Student Games Champion. Portuguese record holder at Discus Throw DT pb: 62.01 -17. dnq WJC 2010; 12 WSG 2015 (13 DT); dnq WCH 2017/2019; 1 WSG 2017 (5 DT); 4 EIC 2019/2021. 1 Portuguese DT 2017/2018 & indoor SP 2019/2020/2021. Coach-Vladimir Zinchenko UKR (5 WCH DT 1987/1993). He works as a doctor in Lisbon. 1.93/125kg Probably the shot putter with the loudest reactions on the circuit In 2021: 1 Portuguese indoor plus 3/4 wins indoors in Lisbon; 4 EIC; 1 Lisbon Cunha; 2 European Throws Cup; 1 Savona; 1 Faro; 2 Andújar					



## Men's Javelin Throw

Starts: Saturday, May 29  
(17:56)

2021 World Best:	94.20	Johannes Vetter GER	Ostrava	19 May 21
ETCh Record:	88.27	Tero Pitkämäki FIN	Vaasa	25 Jun 17
ECP Record, if better:	89.92	Sergey Makarov RUS	Gateshead	16 Jul 00
Tokyo Olympic Standard:	<b>85.00</b>			

Johannes Vetter threw his 97.76 (#2 all-time) in this stadium on September 6, 2020  
His series was: 83.77, 86.41, 97.76, 94.84, 89.95, 87.28

	Age	(Days)	Born	2021	Personal Best
<b>25</b> <b>JAINAGA Odei</b> ESP Spanish record holder // dng WJC 2016; 11 ETCh 2017. 1 Spanish 2017/2020 In 2021: 1 San Sebastián; 1 Pamplona; 6 European Throws Cup; 1 Barcelona	<b>23y</b>	227d	1997	<b>80.20</b>	<b>84.10 -20</b>
<b>68</b> <b>CONROY Remi</b> FRA 1 French under-23 2018; 3 French 2020. Coach-Jacques Danail. 1.91/98kg In 2021: 3 Offenburg; 2 French winter; 6 European Throws Cup 'B'	<b>22y</b>	346d	1998	<b>72.29</b>	<b>73.57 -20</b>
<b>107</b> <b>BAINBRIDGE Daniel</b> GBR 2017 English Schools Champion // 11 European Youth 2016. 1 English under-17 2016; 1 English Schools 2017; 2 British Universities 2018/2019; 2 UK 2020. Attends Loughborough University. Coach-Michael McNeill In 2021: 1 Loughborough Spring Throws; 1 Winchester Southampton Invitation; 2 Loughborough & England Throws; 2 Loughborough Open; 2 Loughborough International	<b>21y</b>	361d	1999	<b>73.73</b>	<b>73.73 -21</b>
<b>175</b> <b>VETTER Johannes</b> GER ("Jojo") 2017 World Champion, now on the brink of a world record // 12 EJC 2011; 2 ETCh 2015; 4 under-23 ECH 2015; 4 OLY 2016; 1 WCH 2017 (2015-7, 2019-3); 5 ECH 2018. 1 German 2017. Employed as a 'sportsoldat' in the German Armed Forces, also a councillor in his home town Offenburg. Club-LG Offenburg. Coach-Boris Obergföll (née Henry). 1.88/105kg In 2020: Admitted he lost out financially because of the pandemic, but after fouling out in Zweibrücken he won 9/9 contests including 97.76 in Chorzów for 2nd all-time ("It was really close to perfection.") In 2021: 1 Offenburg International (87.27); 1 Offenburg Speerwurfmeeting (91.50); 1 European Throws Cup (91.12); 1 Ostrava Golden Spike (94.20); 1 Dessau (93.20) ... so four successive 90m+ contests, the most in a row is five by Jan Železný in 1995	<b>28y</b>	64d	1993	<b>94.20</b>	<b>97.76 -20</b>
<b>209</b> <b>ORLANDO Roberto</b> ITA 8 WSG 2019. 1 Italian under-23 2016; 2 Italian 2019 In 2021: 1 Salerno; 1 Italian winter; 2 European Throws Cup 'B'; 3 Castiglione della Pescaia	<b>25y</b>	297d	1995	<b>77.51</b>	<b>77.51 -21</b>
<b>239</b> <b>KRUKOWSKI Marcin</b> POL Polish record holder & 6x champion // 4 World Youth 2009; dng WJC 2010; 2 EJC 2011; 9 under-23 ECH 2013; dng OLY 2016; 2 Athletics World Cup 2018; 4 ECH 2018 (2016-6); 3 ETCh 2019; 7 WCH 2019 (2013/2015-dng, 2017-9); 2 World Military Games 2019. 1 Polish 2015/2016/2017/2018/2019/2020. Coach/father-Michal Krukowski. 1.85/96kg In 2021: 1 Warsaw Szelest; 1 Gateshead Diamond	<b>28y</b>	348d	1992	<b>82.61</b>	<b>88.09 -17</b>
<b>286</b> <b>RAMOS Leandro</b> POR Portuguese record holder, at Vagos on April 17, 2021 he became the first Portuguese to throw a javelin more than 80m dng WJC 2018; 9 EJC 2019. 1 Portuguese 2020 In 2021: 1 Leiria Lançamentos; 1 Lisbon Preparação; 1 Portuguese winter; 1 Torneio da Primavera; 5 European Throws Cup under-23	<b>20y</b>	249d	2000	<b>80.81</b>	<b>80.81 -21</b>