

# SPAR CROSS COUNTRY CHAMPIONSHIPS, FINGAL-DUBLIN 2021

## MEDICAL CLEARANCE AND SANITARY PROTOCOL

Date of issue: 1 November 2021.

**Please note that the information provided below is relevant at the date of this document. As the situation evolves, the sanitary protocol may change.**

**The LOC will endeavour to provide the most relevant and current information, but participants, official and spectators should also remain vigilant to any advice published on the website of the Irish Health Service Regulators.**

### TRAVELLING TO IRELAND

When travelling to Ireland from overseas you **MUST** [fill out a Passenger Locator Form before departure](#). You also **MUST** have:

- An appropriate **valid proof of vaccination**, or
- An appropriate **valid proof of recovery**, or
- Present evidence of a negative RT-PCR result from a test taken within **72 hours prior to arrival** into the country.

A relevant EU Digital COVID Certificate based on vaccination, recovery or a negative RT-PCR test constitutes valid proof.

Non RT-PCR tests (for example antigen tests) are **not** accepted when travelling to Ireland.

### VACCINES AND VACCINATION

**Vaccination remains a key component of the Irish Governmental bodies armoury of attack, to prevent the further spread of the COVID-19. The LOC wish to bring this to the attention of all attendees.**

The table below show the **only** type of vaccine currently accepted by the Irish Government and the period post vaccination when the person may be considered vaccinated.

A full course of any one of the following vaccines:	Vaccinated after:
2 doses of Pfizer-BioNtech Vaccine: BNT162b2 (Comirnaty®)	7 days
2 doses of Moderna Vaccine: CX-024414 (Moderna®)	14 days
2 doses of Oxford-AstraZeneca Vaccine: ChAdOx1-SARS-COV-2 (Vaxzevria® or Covishield)	15 days
1 dose of Johnson & Johnson/Janssen Vaccine: Ad26.COVID-2-S [recombinant] (Janssen®)	14 days

## PROOF OF VACCINATION

Non-digital (paper) COVID Certificates “**proof of vaccination**” must be written in English or Irish to show:

- The name of the person vaccinated
- The date(s) of the vaccination
- The organisation that administered the vaccination

Non-digital COVID Certificate “**proof of recovery**” must be written in English or Irish and must show:

- The name of the person vaccinated
  - The date of birth of the person vaccinated
  - Detail of the disease from which holder has recovered
  - The date of holder’s first positive NAAT test result
  - Member State or third country in which test was carried out
  - The certificate issuer
  - The dates the certificate is valid from and valid until  
(not more than 180 days after the date of first positive NAAT test result)
- Children between the ages of 12 and 17 must have a negative RT-PCR test taken within 72 hours prior to arrival to travel into the country, unless they have valid proof of vaccination or recovery.
- Children of any age, travelling with accompanying vaccinated or recovered adults, will not be required to self-quarantine post arrival. However, where one accompanying adult needs to self-quarantine, then all children must also self-quarantine.

Please **read carefully** the information available on the following link:  
<https://www.gov.ie/en/publication/77952-government-advice-on-international-travel/#travelling-to-ireland>

## Passengers who have *not* travelled outside the EU + Iceland, Liechtenstein, Norway or Switzerland, within 14 days of arrival.

- Must have valid proof of vaccination. No travel-related testing or quarantine will be necessary, or
- Must have valid proof that of recovery from COVID-19 in the past 180 days, no travel-related testing or quarantine will be necessary.

If you do **not** have valid proof of vaccination or recovery, you will need to present evidence of a negative RT-PCR result from a test taken within 72 hours prior to arrival into Ireland. No further travel-related testing or quarantine will be necessary.

**Please note that the RT-PCR tests needed to enter Ireland are at the participants’ cost.**

## Passengers *entering from outside* the EU + Iceland, Liechtenstein, Norway or Switzerland (including the UK).

- If you have valid **proof of vaccination**, no travel-related testing or quarantine will be necessary.
- If you have valid **proof of recovery** from COVID-19 in the past 180 days, no travel-related testing or quarantine will be necessary.

If you do **not** have valid proof of vaccination or recovery, you will need to:

- present evidence of a negative result from a RT-PCR test taken within 72 hours prior to arrival into the country, **and**
- **self-quarantine** for 14 days.

**Please note that the LOC will coordinate requests for certificates of exemption, and these will be processed by [deirdremarley@athleticsireland.ie](mailto:deirdremarley@athleticsireland.ie), please contact Deirdre for all enquiries in regard to exemptions.**

**Please note that the RT-PCR tests needed to enter Ireland are at the participants' cost. Also please note that the cost of quarantine will be at the participants' cost.**

## Passengers arriving from Northern Ireland.

Travellers who have **not been overseas** in the past 14-days are not obliged to complete a Passenger Locator Form or provide proof of vaccination, recovery or test results upon arrival into Ireland.

However, travellers **who have been overseas** in the past 14 days are subject to the requirements based on their travel history, and according to their health status.

Passengers who arrive via Northern Ireland and have been overseas in the past 14-days must also observe the home quarantine regime where applicable.

## PROCEDURES FOR LOCALS

**Irish team members, invited guests, local media, local guests, volunteers and contractors** will have to produce a COVID Certificate based on vaccination, recovery, or a negative RT-PCR test prior to receiving their accreditation. Information will be provided directly by the LOC to the concerned people.

## UPON ARRIVAL IN DUBLIN AND ONSITE

**There will be no testing provided by the LOC upon arrival at Airports, ports, hotels, or the event site.**

The following sanitary measures will apply:

- **A COVID Certificate based on vaccination, recovery or a negative RT-PCR test will have to be presented in order to receive the accreditation.**
- **A COVID Certificate** based on vaccination, recovery or a negative RT-PCR test will have to be presented at the entrance to the event venue. Once inside the boundaries of the event, tents or canvas enclosures will be considered as “indoors”.
- Should the validity of negative RT-PCR test have expired (72 hours), people will have to be retested before they can obtain this COVID Certificate. Those tests will be facilitated by the LOC, through a contracted service provider (Rocdoc) who will be based at the Clayton Airport Hotel (Team Hotel) on Friday 10 December (exact timing to be confirmed). **Please note that those tests will be at the participants’ cost.**
- **Wearing a mask** covering the mouth and nose **is obligatory anywhere INSIDE** (in the shuttle bus, hotels, Team Tent, anti-doping area, EA Club, Media Centre, Press Conference room, offices, tented enclosures, etc), except when seated at a table to have a meal, when eating/drinking.
- **Hand hygiene** must be maintained with regular hand washing and the use of disinfectants.
- All attendees regardless of locations are advised to maintain **social distancing**.

## EARLY ARRIVAL IN IRELAND

**Please note that those who arrive in Ireland ahead of the event and do not carry a valid proof of vaccination, or recovery, will be required to present a negative RT-PCR test result to receive accreditation and/or enter any of the event venues.**

**Should the validity of your negative RT-PCR test have expired (72 hours), you will not be able to obtain your accreditation, until you can provide a current negative RT-PCR test result.**

Commercial organisations providing rapid PCR testing facilities exist at locations near the venue and airport and the LOC suggest that you engage directly with these facilities.

Please note the price of rapid PCR testing is more expensive and is not the responsibility of the LOC.

## GOING BACK HOME

If needed, participants can request a RT-PCR or antigen test to be done. Those tests will be facilitated by the LOC, through a contracted service provider (Rocdoc) who will be based at the Clayton Airport Hotel (Team Hotel) on Saturday 11 December (exact timing to be confirmed).

Test results will be returned in 24 hours and this will accommodate flights late on the Sunday evening, but most will be departing on Monday 13 December.

Rocdoc will provide an online portal for the booking of timeslots for such testing and this will also be used for the return of Digital test results. Please note that compliance requires all individuals to submit their personal details through this online electronic portal.

**Individuals** - When registering via the Event Management System, each person will have to indicate whether he/she needs a COVID test to return home.

**Team Members** - While completing the Final Entries, each Team Member will need to indicate whether he/she needs a COVID test to return home.

**COVID-19 tests needed to travel back home are at the participants' cost** (PCR: EUR 95, Antigen: EUR 49) and this will be charged to the individuals or the Member Federation of the testee by Athletics Ireland.

## CONTACT TRACING

Should an attendee present with a positive result at the event, within any organised venue, or as a result of the return home test, then the following will apply:

- The person must undergo isolation and will be subject to the process of repeat testing as prescribed by the Irish public health regulations at the time.
- The cost of this quarantine (including hotel cost of your choice) and testing will be at the patient's own expense.

## NOTE

In case of any doubt, please contact the LOC COVID Officer, Mr Seamus Flynn [jamesflynn067@gmail.com](mailto:jamesflynn067@gmail.com).