

Women's 100 Metres

Starts: Saturday, May 29
(16:15)

2021 World Best:	10.72	Sha'Carri Richardson USA	Miramar	10 Apr 21
ETCh Record:	11.11	Ivet Lalova BUL	Stara Zagora	20 Jun 15
ECP Record, if better:	10.77	Ivet Lalova BUL	Plovdiv	19 Jun 04
Tokyo Olympic Standard:	11.15			

	Age	(Days)	Born	2021	Personal Best
441 PÉREZ María Isabel ESP 11.17w -18. 200 pb: 24.28 -19. ht ECH 100 2018 (8 4x100); ht EIC 60 2021. 1 Spanish 100 2018 In 2021: 1 Antequera 60 (3x); 1 Spanish Clubs indoor 60; 2 Spanish indoor 60; 5ht EIC 60; 2 Spanish Clubs 100; 2 Andújar 100 (Apr 24); 4ht World Relays 4x100; 1 Zaragoza 100; 7 Andújar 100 (May 22)	28y	89d	1993	11.30	11.30 -21
485 OMBISSA-DZANGUE Orlann FRA 2018 Mediterranean Games Champion at 100m // 200 pb: 24.08 -18. sf WJC 100 2010; 2 under-23 ECH 4x100 2011; 1 Mediterranean Games 100 2018; 8 ECH 100 2018; 1 ETCh 4x100 2019; ht WCH 100 2019; 4 EIC 60 2021. 2 French 100 2017/2018. Coach-Guy Ontanon In 2021: 2 Miramas 'Elite' 60; 2 Karlsruhe 'Gold' Tour 60; 4 EIC 60; 1ht World Relays 4x100 (did not contest final but job done as by reaching the final, France gained Olympic qualification); 1 Albi 100	30y	3d	1991	11.44	11.06 -18
523 LANSIQUOT Imani-Lara GBR Lansiquot pronounced "Lan-See-Coe" Second leg for British team which won the 2018 European 4x100m title 11.18w -21. 200 pb: 23.40 -19. 5 EJC 100 2015 (1 4x100); 4 WJC 100 2016; 4 under-23 ECH 100 2017; 6 ECH 100 2018 (1 4x100); sf WCH 100 2019 (silver 4x100 after running in heats). 1 UK 100 2020. Student of psychology at Kings College London. Born-Peckham, father from St Lucia, mother from Nigeria. Coach-Steve Fudge Her full name is Imani-Lara Lansiquot, "My family love cricket." she explains. "I'm named after Brian Lara." (Brian Lara being a record-breaking international cricketer from the 90s/2000s) In 2021: 2 Savona 100; 4ht Gateshead Diamond 100	23y	163d	1997	11.92	11.09 -19
561 MAYER Lisa GER 11.02w -17. 200 pb: 22.64 -17. 7 World Youth 200 2013; 3 WJC 4x100 2014; 2 EJC 100 2015; 3 ECH 4x100 2016 (8 200); sf OLY 200 2016 (4 4x100); 5 EIC 60 2017; 4 WCH 4x100 2017. 1 German under-23 200 200 2016. In 2016 ran second leg for relay team which clocked 41.62, Germany's fastest since the GDR era. Coach-Rainer Finkernagel In 2021: 1 Frankfurt 60; 4 Karlsruhe 'Gold' Tour 60; 2 Berlin ISTAF 60; 5 German indoor 60; 1 Mannheim 'Road to Tokyo' 100	25y	26d	1996	11.12	11.12 -21
593 HOOPER Gloria ITA Sprint double winner at the 2015 & 2016 Italian Championships // 11.23w -21. 200 pb: 22.89 -16 (23.28 -21). 400 pb: 53.12 -15. ht WJC 200 2010; 7 EJC 200 2011 (2 4x100); dq/sf ECH 200 2012; ht OLY 200 2012/2016; ht EIC 60 2013; 3 under-23 ECH 200/4x100 2013; sf WCH 200 2015 (2013/2017-ht); ht WIC 60 2016; sf ECH 100/200 2016; sf EIC 60 2017; sf ECH 200 2018 (7 4x100); ht WCH 200 2019 (7 4x100). 1 Italian 100 2013. 1 Italian 100/200 2015/2016 (1 200 2017). Parents from Ghana In 2021: 1 Rome Sprint Festival 100; 1 Rieti 'Perseus' 100; 1 World Relays 4x100 (second leg); 4 Savona 100; 1 Rieti 100/200	29y	86d	1992	11.24	11.24 -21
643 SKRZYSZOWSKA Pia POL 2019 European junior hurdles silver // 100H pb: 12.92 -21. 200 pb: 23.95 -18. 8 European Youth 200 2018 (sf 100); 6 Youth Olympic 200 2018; 2 EJC 110H 2019; 5 EIC 60H 2021. Club-AZS AWF Warsaw. Mother-6.90 long jumper Jolanta Bartczak (3 EIC 1988). Coach/father-Jaroslław Skrzyszowska In 2021: 1 Toruń 'National' 60; 1 Ostrava Czech Indoor Gala 60H; 4 Metz 60H; 3 Toruń 'Gold' Tour 60H; 2 Polish indoor 60H; 5 EIC 60H (7.88 semi, 3rd Polish all-time); 1 Warsaw Szelest 100; 1 Dessau 100H	20y	39d	2001	11.37	11.37 -21
660 BAZOLO Lorène Dorcas POR Allegiance transferee from the Congo - acquired Portuguese citizenship in May 2016 and cleared by World Athletics to represent Portugal from May 23, 2016 11.16w -16. 200 pb: 22.98w -21, 23.01 -16. 7 African Champs 100 2012; qf OLY 100 2012; 2 Central African 100 2013 (for Congo); sf ECH 100 2016/2018; ht OLY 100/200 2016; sf EIC 60 2017 (2021-ht); ht WCH 200 2017; ht WIC 60 2018; sf ECH 200 2018; ht WCH 100 2019. 1 Portuguese 100/200 2016/2017 (1 100 2018) (1 indoor 60 2017/2018/2019, 200 2018). Carried the Congolese flag at the Opening Ceremony of the 2012 Olympic Games and still holds the Congolese records at 100m & 200m. Coach-Rui Norte In 2021: 4 Mondeville 'Elite' 60; 1 Braga 60; 1 Portuguese indoor 60; 1 Pombal 60; 7ht EIC 60; 3 Lisbon Liberdade 100; 1 Maia Ribeiro 100; 1 Lisbon Inclusao 100/200	38y	25d	1983	11.60	11.21 -16

Women's 400 Metres

Starts: Saturday, May 29
(18:10)

2021 World Best:	49.08	Shaunae Miller-Uibo BAH	Eugene	24 Apr 21
ETCh Record:	50.50	Perri Shakes-Drayton GBR	Gateshead	22 Jun 13
ECP Record, if better:	48.60	Marita Koch GDR	Turin	4 Aug 79
	48.60	Olga Vladykina URS	Moscow	7 Aug 85
Tokyo Olympic Standard:	51.35			

	Age	(Days)	Born	2021	Personal Best
407 BOKESA Auri Lorena ESP Full name-Auri Lorena Bokesa Abia 12x Spanish Champion (7 out + 5 in) 52.74i -21. ht OLY 2012/2016; 5 ETCh 2013 (2009-9, 2011-10, 2014-6, 2015-7, 2019-ht); 4 WSG 2013; sf WCH 2013 (2015-ht); 8 ECH 2014 (2012/2016-sf); sf EIC 2017 (2013/2015/2019/2021-ht). 1 Spanish 2009/2011/2012/2013/2015/2016/2019 (1 indoor 2012/2013/2014/2016/2021). Former basketball professional, moved to athletics in 2008. Coach-Jorge Marín In 2021: 2 Valencia Grand Prix; 2 Magglingen 'Biel/Bienne'; 2 Spanish Clubs indoor; 1 Spanish indoor; 5ht EIC; 6 World Relays Mixed 4x400; 2 Langenthal 100/300; 2 Basle 300 (4 150)	32y	165d	1988	-	51.66 -14
475 GUEÏ Floria FRA 2017 European Indoor Champion. Medals from the last four European Championships 200 pb: 23.00 -16. 4 European Youth 200 2007; ht WJC 2008; 3 EIC 4x400 2011; 6 OLY 4x400 2012; 2 ECH 4x400 2012; sf WCH 2013/2015; 3 WCH 4x400 2013; sf ECH 2014 (1 4x400); sf EIC 2015 (1 4x400); 1 ETCh 2015 (2014-5); 2 ECH 400/4x400 2016; sf OLY 2016; 1 EIC 2017; 2 Athletics World Cup 2018; 7 ECH 2018(2 4x400). 1 French 2013/2016/2018. Miraculous anchor leg (in 49.71) to take her team from distant fourth to gold at the 2014 European Championships ("I didn't panic, that was the main thing"). Son Cameron born April 23, 2019 In 2021: 2 Metz 'B'; 2 Val-de-Reuil; 3ht World Relays 4x400 (did not contest final but job done as by reaching the final, France gained Olympic qualification); 1 Montpellier; 3 Andújar	31y	27d	1990	52.25	50.84 -16
525 LIVERPOOL Yasmin GBR Reigning (2019) English Midland Champion at 200m & 400m // 200 pb: 23.61w, 23.91 -20 (24.14 -21). 2 under-23 ECH 4x400 2019; 1 ETCh Mixed 4x400 2019. 1 British Universities indoors & out 2019; 1 Midland 200/400 2019; 3 UK 2020 (2019-7). Student of Economics at Warwick University. Coach-Stewart Marshall In 2021: 3 Manchester Invitational 'B'; 3 Manchester UK Trial 'B'; 5 Nuneaton Open 'Opener' 200; 5 World Relays Mixed 4x400; 1 Birmingham University (3 200); 1 Nuneaton Birchfield warmup	22y	134d	1999	51.73	51.73 -21
570 SCHWAB Corinna GER Second leg for team which won 2018 world junior sprint relay gold (team of Viktoria Dönicke, her, Sophia Junk, Denise Uphoff) 200 pb: 22.99w -21, 23.00i -21, 23.23 -20. 100 pb: 11.22w -21, 11.39 -20. 400H pb: 59.18 -15. 4 EJC 2017 (2 4x400); 6 WJC 200 2018; 1 WJC 4x100 2018 (5 4x400); sf EIC 2021 (6 4x400). 1 German 2020 & indoor 2020/2021 In 2021: 1 Chemnitz (2 60); 1 Erfurt; 4ht Berlin ISTAF 60; 2 Leipzig 200; 1 German indoor; 4ht EIC (6 4x400); 1 Gran Canaria Open #1 200/300; 1 Gran Canaria Open #2 (3 100); 1 Gran Canaria #2; 6 World Relays 4x400; 1 Mannheim 'Road to Tokyo'	22y	54d	1999	52.06	51.73 -20
598 MANGIONE Alice ITA 2020 Italian Champion // 200 pb: 23.75 -20. ht World Youth 2013; 6 EJC 2015; 8 WJC 4x400 2016; 5 under-23 ECH 4x400 2019; ht EIC 2021 (4 4x400). 1 Italian 2020 In 2021: 1 Ancona; 1 Vienna T&F 'D'; 2 Italian indoor; 3ht EIC (4 4x400); 1 Rieti 'Perseus'; 1 World Relays Mixed 4x400 (3rd leg in 51.76 after a 51.69 split in heat); 2 Savona	24y	130d	1997	52.54	52.54 -21
624 KACZMAREK Natalia POL Individual & relay gold at 2019 European under-23 Championships // 200 pb: 23.67w -19, 23.88 -20. sf World Youth 2015; sf WJC 2016; 7 EJC 2017; silver WIC 4x100 2018; gold ECH 4x400 2018 (ran heat); 1 under-23 ECH 400/4x400 2019 (ran down Great Britain's Hannah Williams on the anchor); 3 EIC 4x400 2021. 3 Polish indoor 2020. Partner is the 129kg shot putter Konrad Bukowiecki (2 ECH 2018). Club-WKS Śląsk Wrocław In 2021: 1 Toruń 'National'; 1 Toruń PZLA 'Control' 300 'B'; 2 Toruń 'Gold' Tour 'B'; 4 Polish indoor; 3 EIC 4x400 (led off); 2 World Relays 4x400 (50.59 split to bring team up from 4th); 1 Ostrava Golden Spike; 1 Polish Universities (51.03, a pb by 1.2 seconds!)	23y	132d	1998	51.03	51.03 -21
656 AZEVEDO Cátia POR Portuguese record holder // 800 pb: 2:05.96i -19, 2:06.11 -17. 5 EJC 2013; sf ECH 2016/2018 (2014-ht); ht OLY 2016; ht WCH 2017/2019; 5 WSG 2017; ht WIC 2018; ht EIC 2019/2021; 5 WSG 2019. 1 Portuguese 2016/2017/2018/2019/2020 & indoor 2015/2016/2017/2018/2019/2021 In 2021: 1 Lisbon 200/800; 1 Portuguese indoor; 1 Belgrade Serbian Open 'B'; 5ht EIC; 6ht World Relays Mixed 4x400; 2 Andújar	27y	81d	1994	51.61	51.61 -21

Women's 800 Metres

Starts: Saturday, May 29
(17:14)

2021 World Best:	1:57.73	Athing Mu USA	Waco	17 Apr 21
	1:57.52i	Gudaf Tsegay ETH	Val-de-Reuil	14 Feb 21
ETCh Record:	1:58.62	Yuliya Krevsun UKR	Leiria	20 Jun 09
ECP Record, if better:	1:55.91	Jarmila Kratochvilová TCH	Moscow	17 Aug 85
Tokyo Olympic Standard:	1:59.50			

	Age	(Days)	Born	2021	Personal Best
426 GUERRERO Esther ESP	31y	111d	1990	-	1:59.22 -20
Full name-Esther Guerrero Puigdevall Back-to-back mixed relay medals (silver then gold) at European Cross Country Championships 2:01.13i -21. 1500 pb: 4:03.13 -20 (4:07.48i, 4:08.24 -21). 400 pb: 54.77 -16. ht World Youth 800 2007; ht WCH 800 2015/2017; sf ECH 800 2016; ht OLY 800 2016; 6 EIC 800 2017/2019; 3 ETCh 800 2017 (2015/2019-7); ht WIC 800 2018; ht WCH 1500 2019. 1 Spanish 800 2015/2016/2017/2020 (1 indoor 2015/2016/2017/2018/2021); 1 Spanish 1500 2019 (1 indoor 2019/2021). At WXC: 2019-6 relay. At EXC: 2017-2 relay, 2018-1 relay, 2019-4 relay In 2021: 4 Karlsruhe 'Gold' Tour 1500; 6 Liévin 'Gold' Tour 1500; 1 Spanish indoor 1500; 2 Madrid 'Gold' Tour 800; 5 EIC 1500; 1 Nerja 1000; 5 Ostrava Golden Spike 1500; 11 Gateshead Diamond 1500					
476 KANDISSOUNON Lena FRA	22y	184d	1998	2:04.82	2:02.97 -20
2021 French Indoor Champion at 800m // 400 pb: 53.87 -19 (54.80i -21). sf EJC 400 2017 (5 4x400). 1 French indoor 800 2021. Coach-Marc Reuze In 2021: 1 Rennes 400 (2 200); 6 Metz; 2 Val-de-Reuil; 1 French indoor; 5 Andújar					
503 BAKER Ellie GBR	22y	360d	1998	2:00.24	2:00.24 -21
Silvers at 2017 European Juniors & 2019 European under-23s // 1500 pb: 4:11.61 -10 (4:13.66i -21). 400 pb: 56.11 -17. 2 EJC 2017; 2 under-23 ECH 2019; 4 EIC 2021. 1 English Schools 800 2015; 8; 6 UK indoor 2018/2019/2020; 3 UK 2020 (2017-8). Coach-Jon Bigg In 2021: 1 Manchester Invitational 800; 3 Manchester UK Trial 1500; 4 EIC; 3 Walnut Golden Games; 3 Irvine 'B'					
554 HERING Christina GER	26y	232d	1994	2:01.83	1:59.41 -19
11x German Champion (6 out + 5 in) // 1500 pb: 4:08.30 -20 (4:11.08 -21). 400 pb: 52.91 -15 (54.89 -21). 3 EJC 800/4x400 2013; 3 under-23 ECH 2015; sf WCH 2015/2017 (2019-ht); ht WIC 2016; sf ECH 2016/2018; sf OLY 2016; 2 WSG 2019 (2017-8); 3 ETCh 2019; sf EIC 2021. 1 German 2014/2016/2017/2018/2019/2020 & 1 indoor 2015/2016/2017/2018/2020 In 2021: dnf Karlsruhe 'Gold' Tour; 3 Erfurt; 1 Luxembourg; 5 German indoor; 3sf EIC; 1 Pliezhausen 600; 2 Mannheim 'Road to Tokyo' 400; 2 Dessau; 3 Rehlingen 1500					
579 BELLÒ Elena ITA	24y	131d	1997	2:04.00	2:01.34 -20
4x Italian Indoor Champion // 1500 pb: 4:12.31 -18. sf World Youth 2013; 4 Youth Olympic Games 2014; ht WJC 2016; 6 under-23 ECH 2017; ht ECH 2018; sf EIC 2021. At EXC: 2017-6 Relay. 1 Italian 2020 & indoor 2018/2019/2020/2021. Coach-Alessandro Simonelli In 2021: 3 Ghent IFAM; 1 Italian indoor; 3sf EIC; 1 Milan 600; 1 Castiglione della Pescaia					
642 SARNA Angelika POL	23y	240d	1997	2:04.04	2:00.89 -20
400 pb: 53.73 -21. 5 under-23 ECH 2019. 1 Polish under-23 2018 In 2021: 5ht Polish indoor 400; 2 Pliezhausen 600; 2 Warsaw Szelest 400; 5 Rehlingen					
654 AFONSO Salomé POR	23y	191d	1997	2:06.03	2:04.90 -18
Multiple Portuguese Champion at 800m or 1500m, indoors & out // 1500 pb: 4:11.62 -19 (4:15.17 -21). sf WJC 800 2016 (ht 1500); 5 under-23 ECH 1500 2019. At EXC: 2018-10 Relay, 2019-6 Relay 1 Portuguese 800 2015/2016 & 1500 2019; 1 Portuguese indoor 800 2015/2016/2017 (1 indoor 1500 2016/2019); 1 Portuguese under-23 800 2017/2018 (1 1500 2017) In 2021: 1 Maia Ribeiro 1500; 1 Lisbon Inclusao 800					

Women's 3000 Metres

Starts: Saturday, May 29
(18:40)

2021 World Best:	8:27.49	Beatrice Chebet KEN	Doha	28 May 21
	8:22.65i	Gudaf Tsegay ETH	Madrid	24 Feb 21
ETCh Record:	8:45.24	Sifan Hassan NED	Braunschweig	22 Jun 14
ECP Record, if better:	8:35.32	Zola Budd GBR	Moscow	17 Aug 85
Tokyo Olympic Standard:	None			

	Age	(Days)	Born	2021	Personal Best
448 RODRÍGUEZ Lucia ESP	22y	307d	1998	-	9:39.2 -15
Full name-Lucía Rodríguez Montero // 8:53.90i -21. 5000 pb: 16:22.62 -20. 1500 pb: 4:12.75 -20 (4:16.50 -21). 17 World Youth 3000 2015; ht WJC 1500 2016; 8 EIC 3000 2021. 1 Spanish youth 3000 2015 & junior 1500 2016. At WXC: 2017-47J. At EXC: 2015-33J, 2016-7J. Coaches-Luis Miguel Martín & Juan del Campo In 2021: 1 Valencia Grand Prix 3000 'B'; 3 Barcelona Catalonia International; 3 Spanish indoor 3000; 8 EIC 3000; 3 Ibiza 1500					
498 TRAPP Manon FRA	20y	300d	2000	-	9:05.93 -20
9:14.87i -21. Half Mar pb: 75:48 -19. 10K pb: 33:10 -20. 5000 pb: 16:57.08 -19. 7 EJC 3000 2019. At WXC: 2019-50J, At EXC: 2018-58J, 2019-9J. 1 French junior XC 2019. Coach-Abdel Kader Fadi. Club-AC Boulogne Billancourt In 2021: 3 French indoor 3000					
538 WALCOTT-NOLAN Reeve GBR	26y	84d	1995	9:09.9	9:09.9 -21
1500 pb: 4:11.54 -20 (4:14.62 -21). 800 pb: 2:01.06 -21. 1 South of England 800 2015/2016 & 1500 2018; 5 UK indoor 800 2016; 1 English under-23 800 2016; 4 UK 800 2016 (2015-8, 2018/2019-6); 3 UK indoor 1500 2017; 6 UK 1500 2020 In 2021: London Battersea Park 3000; dnf London Battersea Park 5000; 2 Barrowford 5K; 2 Birmingham University BMC 1500; 3 Manchester Trafford Grand Prix 1500; Wormwood Scrubs BMC 800; dnf Basingstoke 800; 1 Loughborough International 1500					
548 COUTELLIER Vera GER	25y	260d	1995	9:08.50	9:08.50 -21
Twice second in German Championships at 1500m // 5000 pb: 16:13.30 -19. 1500 pb: 4:12.34 -21. At EXC: 2013-44J, 2015-39u23, 2017-20u23. 2 German 1500 2019/2020 In 2021: 4 Dortmund 1500; 5 Ghent IFAM 1500; 4 German indoor 1500; 1 Pliezhausen 3000; 2 Karlsruhe 1500; 5 Rehlingen 1500					
597 MAJORI Micol ITA	22y	359d	1998	-	9:27.74 -20
9:18.05i -21. 5000 pb: 16:07.06 -21. 1500 pb: 4:21.62 -20. 3000SC pb: 10:55.57 -17. At EXC: 2017-51J, 2019-43u23. Her cousin Marco Majori (56 WXC-junior 2003). Coach-Vincenzo Leggieri In 2021: 1 Padua 1500; 3 Italian indoor 1500 (4 3000); 5 Milan 5000 (Apr 24); 2 Milan 800 (May 8); 3 Bergamo 1500					
639 PLIŚ Renata POL	36y	113d	1985	-	8:39.18 -14
Twice Polish Champion at 1500m (but she rarely seems to run the same distance from one meeting to the next) Half Mar pb: 73:58 -18. 5000 pb: 15:18.75 -14 (16:49.77 -21). 1500 pb: 4:03.50 -11 (4:21.33 -21). 10,000 pb: 32:54.13 -19 (33:26.06 -21). 800 pb: 2:00.45 -10. 11 ETCh 800 2009; 2 ETCh 3000 2010 (2013-5, 201904); ht ECH 1500 2010; 4 EIC 1500 2011 (2015-8); sf WCH 1500 2011/2013/2015; ht OLY 1500 2012; 2 ETCh 1500 2013; 6 WIC 3000 2014 (2010-ht); 4 ECH 1500 2014 (11 5000); 1 ETCh 5000 2015; 7 WIC 1500 2016. At EXC: 2004-25J. 1 Polish 800 2010, 1500 2012/2013 & 5000 2015. Coaches-Janusz Walkowiak & Zbigniew Król In 2021: 3 Polish 10,000; Polish 5000; dnf Sucha Beskidzka 800; 11 Ostrava Golden Spike 1500; dnf Andújar 5000					
669 LEMOS Lia POR	19y	320d	2001	9:23.94	9:23.94 -21
5000 pb: 16:12.71 -21. 1500 pb: 4:28.43 -20. 11 European Youth 3000 2018; 14 EJC 3000 2019. At EXC: 2018-49J, 2019-18J In 2021: 3 Braga 3000 'C'; 4ht Portuguese indoor 3000; 1 Braga 1500; 5 Portuguese XC; 1 Portuguese Clubs indoor 1500/3000 (Mar 27/28); 1 Lisbon Joven 5000; 1 Lisbon Inclusao 3000; 1 Portuguese Clubs 5000 (May 22)					

Women's 3000m Steeplechase

Starts: Saturday, May 29
(16:47)

2021 World Best: 9:00.67 Norah Jeruto KEN Doha 28 May 21
 ETCh Record: 9:23.00 Yuliya Zaripova RUS Bergen 19 Jun 10
 Tokyo Olympic Standard: 9:30.00

	Age	(Days)	Born	2021	Personal Best
319 GRICE Maisie GBR	20y	333d	2000	10:12.0	10:12.0 -21
5000 pb: 16:49.16 -21. 1500 pb: 4:23.18 -20. 2 English under-17 1500SC 2015/2016; 3 English Schools 1500SC 2018; 2 English junior 3000SC 2019; 6 UK 3000SC 2019. Coach-Bud Baldaro In 2021: 7 London Battersea Park 5000; 1 Birmingham University 2000SC; 8 Manchester Trafford Grand Prix 1500; 1 Birmingham University BMC 1500; 1 Bury St. Edmunds 3000SC					
453 SANCHEZ-ESCRIBANO Irene ESP	28y	245d	1992	-	9:27.53 -19
5x Spanish Champion // 5000 pb: 15:39.34 -20. 3000 pb: 9:13.80i, 9:15.33 -18. 1500 pb: 4:17.55 -19. ht WCH 2017/2019; 8 ECH 2018 (2016-ht); 2 ETCh 2019 (2017-3). 1 Spanish 2015/2017/2018/2019/2020. At WXC: 2011-87J, 2019-25. At EXC: 2011-55J, 2012-60u23, 2016-50 In 2021: 3 Nerja 2000					
486 PALOU Claire FRA	19y	154d	2001	-	9:56.64 -20
2019 European junior silver // 1500 pb: 4:12.62i, 4:12.74 -21. 2 European Youth 2000SC 2018; 2 EJC 2019. At EXC: 2019-31J. 1 French indoor 1500 2021 In 2021: 2 Mondeville 'Elite' 1500; 3 Dortmund 2000SC; 1 Eaubonne 3000; 1 French indoor 1500; 4 Pliezhausen 2000SC; 6 Rehlingen 1500					
547 BURKARD Elena GER	29y	108d	1992	9:35.92	9:29.76 -18
Fifth & sixth at the last two European Cross Country Championships 5000 pb: 15:12.17 -18. 3000 pb: 8:44.92 -20 (8:51.09i -21). 1500 pb: 4:06.51 -18 (4:09.19 -21). 8 EJC 5000 2011; 6 ECH 2018; 7 EIC 3000 2021. At WXC: 2019-23. At EXC: 2010-21J, 2011-11J, 2017-5, 2018-6, 2019-9. She has been German Champion in "Summer Biathlon" - running + shooting. Coach-Jörg Müller She was told she was "too uncoordinated" to be a steeplechaser, but placed sixth at the Berlin European Championships in 2018, her first year at the event. Has tattoos of cartoon characters on each lower leg (from "The Little Prince", a favourite book) In 2021: dns Karlsruhe 'Gold' Tour 3000; 3 Dortmund 1500; 3 German indoor 3000; 7 EIC 3000; 1 Pliezhausen 2000SC; 8 Ostrava Golden Spike 1500; 2 Rehlingen					
601 MERLO Martina ITA	28y	99d	1993	-	9:41.05 -18
Reigning Italian Champion at both Steeplechase & 10,000m // 5000 pb: 16:03.91 -20. 10,000 pb: 34:23.25 -21. ht ECH 3000SC 2018. At EXC: 2011-65J, 2012-46J, 2013 -44u23, 2018-35, 2019-41. 1 Italian 3000SC 2020 & 10,000 2021 In 2021: 2 Ancona 1500; 2 Padua 3000; 3 Italian indoor 3000; 1 Italian 10,000					
628 KONIECZEK Alicja POL	26y	208d	1994	9:33.42	9:33.42 -21
2019 World Student Games Champion // 5000 pb: 15:53.56 -21. ht World Youth 2011; ht ECH 2018; 1 WSG 2019; 5 ETCh 2019; ht WCH 2019. At WXC: 2013-64J. At EXC: 2013-77J. Winner of nine NCAA div 2 titles, representing Western State Colorado University Her older brother Dawid was Polish youth steeplechase champion in 2013. Her younger sister Aneta Konieczek was 9th at the Steeplechase at the 2016 World Junior Championships In 2021: 5 Phoenix 1500; 4 Des Moines Drake Relays; 4 Walnut Golden Games					
680 SOARES Joana POR	27y	263d	1993	9:57.69	9:55.86 -19
3x Portuguese Champion // 10,000 pb: 36:43.06 -19. 3000 pb: 9:15.05 -20. At EXC: 2015-48u23. 1 Portuguese 2015/2016/2017/2019 In 2021: 2 Portuguese indoor 1500; 2 Pombal 3000; 1 Ribeira Brava 3000; 1 Funchal 5000; 2 Lisbon Inclusao 3000; 1 Portuguese Clubs 3000/5000					

Women's 400 Metres Hurdles

Starts: Saturday, May 29
(16:02)

2021 World Best:	53.65	Shamier Little USA	Walnut	9 May 21
ETCh Record:	53.70	Vanya Stambolova BUL	Novi Sad	18 Jun 11
ECP Record, if better:	53.38	Yuliya Pechonkina RUS	Annecy	22 Jun 04
Tokyo Olympic Standard:	55.40			

	Age	(Days)	Born	2021	Personal Best
419 GALLEGO Sara ESP Full name-Sara Gallego Sotelo 2019 European junior bronze // 400 pb: 54.08i -21, 54.97 -18. 3 European Youth 2016; 4 WJC 2018; sf ECH 2018; 3 EJC 2019. 1 Spanish 2017/2018/2020. Coach-Armando Alvarez Anaya In 2021: 1 Barcelona 400; 2 Spanish under-23 indoor 400; 4 Spanish indoor 400; 1 Spanish Clubs; 5ht World Relays 4x400	20y	229d	2000	57.83	56.97 -20
467 CHABOUDEZ Aurelie FRA Former Youth Olympic Champion // pbs in Heptathlon events: 100H: 13.96; HJ: 1.74i/1.72; SP: 12.13i/11.57; 200: 24.20i/24.36; LJ: 6.02i/5.92; JT: 38.42; 800: 2:14.67. Heptathlon pb: 5660 -11 1 Youth Olympic Games 2010; 2 EJC 2011; 17 ECP Heptathlon 2011; 2 WJC 2012; 1 Mediterranean under-23 2014; 3 under-23 ECH 2015 (2013-4); sf WCH 2015; sf ECH 2016/2018; 3 Athletics World Cup 2018; 7 ETCh 2019 (2015-8). 1 French 2014/2018. Coach-Bruno Gajer In 2021: 3 Lyon 200; 3 Miramas 400 'C'; 4 Eaubonne 200 'C'; 5 Val-de-Reuil 400; 5 French indoor 400 'C'; 1 Montpellier; 2 Angers; 1 Vénissieux	28y	20d	1993	57.48	55.51 -15
530 NIELSEN Lina GBR 2015 European Junior Champion at 4x400m (in team with her twin Laviai, who also won the individual title) 400 pb: 52.56 -21. 200 pb: 23.13 -21. 8 EJC 400 2015 (1 4x400); 2 UK 400H 2020. Missed 2017 EIC with a stress fracture. 1 English under-23 400H 2018. Identical twin sister Laviai (one minute older, 400 pb 50.83) is also an international athlete. Their mother-Egyptian, father-Danish. Coach-Ryan Freckleton In 2021: 4 Fayetteville American Track League 1 400; 4 Fayetteville American Track League 3 400; 1 Miramar 100/200; 2 Gainesville 200 'B'; 4 Des Moines Drake Relays; 1 Jacksonville (5 400); dnf Ostrava Golden Spike	25y	76d	1996	55.27	55.27 -21
558 KRAFZIK Carolina GER Twice German Champion // 400 pb: 52.82 -20 (53.66 -21). 100H pb: 13.84 -17. 200 pb: 24.47 -21. sf WCH 2019. 1 German 2019/2020. Coach-Werner Späth, who persuaded her to move to from 100H to 400H In 2021: 1 Pliezhausen; 1 Vught; 1 Mannheim 'Road to Tokyo' 200; 1 Dessau; 2 Weinheim	26y	63d	1995	57.69	55.64 -19
605 OLIVIERI Linda ITA 2019 European under-23 silver // 400 pb: 54.20 -19. sf World Youth 2015; 4 EJC 2017; ht ECH 2018; 2 under-23 ECH 2019; ht WCH 2019. 1 Italian under-23 2018. She studied architecture at the Milan Polytechnic. Coach-Giorgio Ripamonti In 2021: 4 Ancona 400; 1 Rome Sprint Festival; 1 Milan; 5 Ostrava Golden Spike	22y	319d	1998	56.48	55.97 -19
633 LINKIEWICZ Joanna POL 2016 European silver, 2017 World Student Games silver (at 400m Hurdles) 400 pb: 53.41i -18, 53.72 -13 (54.61 -21). 4 Francophone Games 400H2013; 3 EIC 4x400 2015; 1 WSG 400H/4x400 2015; 2 ECH 2016 (2014-8, 2018-sf); sf OLY 2016; sf WCH 2017/2019 (2015-ht); 2 WSG 2017; silver WIC 4x400 2018; 3 ETCh 2019 (2011-9, 2013/2014-6, 2017-5). 1 Polish 2013/2015/2016/2017/2018/2019/2020 & indoor 400 2011. Former acrobat. Club-WKS Śląsk Wrocław In 2021: 3 Toruń PZLA 'Control' 400; 3ht Polish indoor 400; 2 Dessau	31y	27d	1990	58.02	55.25 -16
659 BARBOSA Vera POR Portuguese record holder & 7x Champion at 400m Hurdles // 400 pb: 52.89 -19 (55.16 -21). ht WCH 400H 2007; ht WIC 400 2008; 6 ETCh 400H 2011; 4 under-23 ECH 400H 2011; sf ECH 400H 2012/2014/2016; sf OLY 400H 2012 (2016-ht). 1 Portuguese 400H 2011/2012/2013/2014/2017/2019/2020 (1 400 2014). Ex-Cape Verde (she represented that country to 2009). Served a one-year ban in 2018/2019 after three whereabouts failures. Coach-Carlos Silva In 2021: 3 Portuguese indoor 400; 1 Lisbon Trials 400H (3 400); 6ht World Relays Mixed 4x400; 6 Dessau	32y	136d	1989	57.74	55.22 -12

Women's Pole Vault

Starts: Saturday, May 29
(15:38)

2021 World Best:	4.84	Katie Nageotte USA	Doha	28 May 21
	4.84	Sandi Morris USA	Doha	28 May 21
	4.90i	Anzhelika Sidorova ANA/RUS	Moscow	21 Feb 21
ETCh Record:	4.75	Silke Spiegelburg GER	Stockholm	18 Jun 11
	4.75	Anna Rogowska POL	Stockholm	18 Jun 11
	4.75	Silke Spiegelburg GER	Cheboksary	20 Jun 15
ECP Record:	4.75	Monica Pyrek POL	Malaga	28 Jun 06
Tokyo Olympic Standard:	4.70			

	Age	(Days)	Born	2021	Personal Best
451 RUIZ de AZÚA Malen ESP Full name-Malen Ruiz de Azúa Larrinaga 3x Spanish Indoor Champion dnq WJC 2014; 9 under-23 ECH 2017. 1 Spanish indoor 2017/2018/2021 In 2021: 1 San Sebastián (2x); 3 Spanish Clubs indoor; 1 Spanish indoor; 5 Madrid 'Gold' Tour; 1 Andújar; 1 Zaragoza (May 8); 1 Zaragoza (May 15)	25y	193d	1995	4.47	4.47 -21
468 CHEVRIER Margot FRA 4.44i -21. 2 French indoor 2021. Club-Nice Cote D'azur Athletism. Coach-Sebastien Reisdorffer. 1.72 tall In 2021: 1 Miramas; 4 Bordeaux; 3 Tourcoing; 9 Rouen; nh Liévin 'Gold' Tour; 1 Eaubonne; 2 French indoor; 7 Aubière 'All Star Perche'; 1 Nice; 2 Castiglione della Pescaia; 6 Rehlingen	21y	159d	1999	4.20	4.53 -20
508 CAUDERY Molly GBR In 2018 placed fifth at the Commonwealth Games and set four UK junior records throughout the year 2 EJC 2017; 5 COM 2018; =9 WJC 2018; dnq ECH 2018. 1 English under-15 2014; 1 English Schools under-17 2015; 1 English under-17 2015; 1 English under-17 indoor 2016; 1 UK indoor 2018 (at age 17); 1 English junior 2018, indoors & out; 5 UK 2018. Coach/father-Stuart Caudery. 1.80 tall In 2021: 1 Loughborough Elite; 1 Loughborough International	21y	72d	2000	4.30	4.53 -18
544 BERNDORFER Stefanie GER (Née Dauber) // 4.40i -21. dnq ECH 2018. 1 German 2020. Coach-Wolfgang Beck. 1.68 tall In 2021: 1 Erfurt; 1 Stuttgart; 2 German indoor; nh Leverkusen; 6 Rehlingen	33y	302d	1987	4.10	4.46 -19
582 BRUNI Roberta ITA 2019 World Student Games Champion. New Italian record holder // 6 World Youth 2011; 3 WJC 2012; dnq EIC 2013; 5 EJC 2013; dnq ECH 2014; 1 WSG 2019; dnq WCH 2019. 1 Italian 2014/2018/2020 & indoor 2013/2015/2018/2021. Coach-Riccardo Balloni "The most beautiful aspect of this discipline is when you're in the air. During those moments you enter a completely different world and you detach yourself, forgetting the problems and everything that surrounds you." In 2021: 1 Ancona; 1 Padua (2x); 1 Italian indoor; 1 Florence; 1 Rieti	27y	82d	1994	4.70	4.70 -21
625 KALITTA Victoria POL 1 European Youth Olympic Festival 2017; 13 European Youth 2018. Coach-Wiaczesław Kaliniczenka "When it comes to music, I'm a huge fan of older songs. Pink Floyd, The Rolling Stones, The Beatles ... I see motivation in these songs." In 2021: 2 Toruń 'National'; 2 Toruń 'National'; 3 Toruń; 3 Polish indoor; 1 Warsaw Opening; 5 Warsaw Szelest; 2 Polish Universities	19y	289d	2001	4.10	4.10 -21
674 ONOFRE Marta POR Portuguese record holder indoors & 9x Champion (6 out + 3 in) // 4.51i -16. dnq ECH 2014/2016; nh WIC 2016; dnq OLY 2016; 3 WSG 2017. 1 Portuguese 2013/2015/2016/2018/2019/2020 & indoor 2016/2018/2021. 1.70 tall In 2021: 1 Portuguese indoor; 1 Lisbon (4x); 1 Portuguese indoor Clubs; 1 Fátima	30y	121d	1991	3.95	4.40 -17

Women's Triple Jump

Starts: Saturday, May 29
(18:33)

2021 World Best:	15.43	Yulimar Rojas VEN	Andújar	22 May 21
ETCh Record:	14.87	Yekaterina Koneva RUS	Cheboksary	20 Jun 15
ECP Record, if better:	14.98	Tatyana Lebeyeva RUS	Gateshead	15 Jul 00
Tokyo Olympic Standard:	14.32			

	Age	(Days)	Born	2021	Personal Best
439 PELETEIRO Ana ESP Full name-Ana Peleteiro Brion 2019 European Indoor Champion, then silver in 2021 14.73i -19 (14.52i -21). 3 World Youth 2011; 1 WJC 2012 (2014-6); 3 EJC 2013; dnq WIC 2016; 2 under-23 ECH 2017; 3 ECH 2018; 1 EIC 2019 (2021-2); 2 ETCh 2019 (2014-9, 2015-5, 2017-8); 6 WCH 2019 (2017-7). 1 Spanish 2015/2017/2018/2019 & indoor 2014/2016/2017/2018/2021. Coach-Iván Pedroso. Partner-Nelson Évora In 2021: 5 Karlsruhe 'Gold' Tour; 2 Barcelona Catalonia International; 1 Spanish indoor; 6 Madrid 'Gold' Tour; 2 EIC; 2 Ibiza; 3 Andújar	25y	178d	1995	14.31	14.59 -18
470 DIALLO Rouguy FRA 2019 World Championship finalist // 14.44w -14, 14.39i -19. 12 EJC 2013; 1 WJC 2014 (2012-dnq); 1 Mediterranean under-23 2016 (2014-4); 3 under-23 ECH 2017 (2015-5); 8 ECH 2018 (2016-dnq); 7 EIC 2019; 10 WCH 2019. 1 French 2019 & indoor 2019/2021. Coach-Teddy Tamgho In 2021: 1 Amiens; 1 Eaubonne; 1 French indoor; 1 Montpellier; 2 Andújar	26y	113d	1995	14.20	14.31 -18
531 OGBETA Naomi GBR 8x UK Champion (5 out + 3 in) // 14.29w -21. dnq World Youth 2015; 3 EJC 2017; 12 ECH 2018; dnq EIC 2019; 4 under-23 ECH 2019; dnq EJC 2019. 1 UK 2017/2018/2019/2020; 2 UK indoor 2018 (though the winner was Kimberly Williams JAM, so Ogbeta was the official Champion); 1 UK indoor 2019/2020. Student of politics and quantitative methods at Manchester University (she is also in the University's Comedy Society). Coach-Tom Cullen Her younger brother Nathanael is an England under-17 international football player In 2021: 3 Gateshead Diamond	23y	41d	1998	-	14.15 -18
550 ECKHARDT Neele GER 2017 World Student Games Champion // 14.10w -21. LJ pb: 6.29 -19. 10 World Youth 2009 (12 LJ); 8 WJC 2010; 8 under-23 ECH 2013; 12 WCH 2017; 1 WSG 2017; 13 WIC 2018; 10 ECH 2018; 3 EIC 2021 (2017-dnq). 1 German 2018 & indoor 2018/2020/2021 In 2021: 1 Leverkusen (Jan 16); 4 Karlsruhe 'Gold' Tour; 1 German indoor; 3 EIC; 1 Leverkusen (May 16)	28y	330d	1992	14.08	14.35 -17
586 DERKACH Dariya ITA 9x Italian Champion (5 in + 4 out) // LJ pb: 6.67 -13. Heptathlon pb: 5224 -10. 6 ETCh LJ 2013; 2 under-23 ECH TJ 2013 (6 LJ); dnq WCH LJ 2013; dnq EIC TJ 2015/2017; 10 ECH TJ 2016 (2014/2018-dnq); dnq OLY TJ 2016; 10 ETCh TJ 2018. 1 Italian TJ 2014/2016/2017/2020 (1 indoor TJ 2014/2015/2017/2020/2021); 1 Italian indoor LJ 2013/2014/2020. Her mother Oksana Derkach triple jumped 14.09 in 1999. Coach/father-Sergey Derkach Allegiance transferee from Ukraine - has lived in Italy since November 21, 2007 acquired Italian citizenship on March 28, 2013 and cleared by World Athletics to represent Italy from June 4, 2013 In 2021: 1 Ancona TJ; 1 Italian indoor TJ; 1 Rome Regional TJ; 1 Agropoli TJ; 1 Rieti TJ	28y	63d	1993	13.90	14.15 -16
647 SZÓSTAK Adrianna POL 3x Polish Indoor Champion // LJ pb: 6.23 -19 (6.17i -21). 10 World Youth 2013; 8 ETCh 2019. 1 Polish Indoor TJ 2019/2020/2021 In 2021: 1 Toruń 'National'; 1 Toruń 'National'; 5 Toruń 'Gold' Tour; 1 Polish indoor (3 LJ); 1 Łódź; 1 Gdańsk	25y	87d	1996	13.75	13.75 -21
671 MAMONA Patricia POR 2012 European silver, 2016 European gold, sixth in Rio 2016 & 2021 European Indoor Champion - with Portuguese records each time 14.53i, 14.37w -21. LJ pb: 6.34i -19, 6.23 -19 (6.20i -21). 4 WJC 2006; 8 ETCh 2009/2011; 2 WSG 2011; dnq OLY 2012; 4 WIC 2014; 1 ECH 2016 (2010-10, 2012-1, 2014/2018-dnq); 6 OLY 2016; 2 EIC 2017 (2013-8, 2015-5, 2019-4); 8 WCH 2019 (2011/2015-dnq, 2017-9). 1 NCAA 2010/2011. 1 Portuguese 2008-2017/2019/2020 (1 indoor 2012/2013/2014/2015/2016/2017/2020/2021). Coach-Jose Uva In 2021: 3 Lisbon LJ; 1 Portuguese indoor; 2 Madrid 'Gold' Tour; 1 EIC; 2 Gateshead Diamond	32y	188d	1988	-	14.65 -16

Women's Discus Throw

Starts: Saturday, May 29
(16:42)

2021 World Best:	70.22	Jorinde van Klinken NED	Tucson	22 May 21
ETCh Record:	68.58	Sandra Perković CRO	Varaždin	10 Aug 19
ECP Record, if better:	73.90	Diana Gansky GDR	Prague	27 Jun 87
Tokyo Olympic Standard:	63.50			

	Age	(Days)	Born	2021	Personal Best
418 FERRANDIZ Paula ESP SP pb: 15.54 -21. dnq World Youth SP 2013; 9 EJC DT 2015. 1 Spanish DT 2020. Coach-Antonio Lora Oliver In 2021: 1 La Nucia; 1 Alicante; 1 Petrel; 4 Spanish indoor SP; 1 Castellón; 1 Zaragoza SP/DT; 1 Gandía	25y	145d	1996	53.60	55.18 -17
484 NGANDU-NTUMBA Amanda FRA 2019 European junior bronze // SP pb: 16.24i, 16.09 -21. 7 World Youth DT 2017 (12 SP); 4 WJC DT 2018; 3 EJC DT 2019 (9 SP). 1 French SP 2020 & indoor SP 2021. Coach-Vanessa Pecel. 1.81/80kg In 2021: 2 Vénissieux DT (Jan 30); 1 Lyon SP; 2 Salon-de-Provence DT; 1 French indoor SP; 2 French winter DT; 2 European Throws Cup under-23 DT (1 SP 'B'); 1 Vénissieux; 1 Vénissieux SP/DT	20y	338d	2000	59.36	59.36 -19
524 LAW Kirsty GBR British #1 in 2019 in her 14th year in the UK top 10. 12x Scottish Champion 11 COM 2014; 10 ETCh 2015; dnq ECH 2018. 1 AAA under-17 2003, junior 2004 & under-23 2006; 1 Scottish 2007/2008/2009/2011-2019; 1 UK 2019/2020 (2011/2012/2014/2015/2016-3, 2013/2017/2018-2). Coach-Zane Duquemin. 1.73/88kg She is a big fan of Cliff Richard (multi-million selling record artist from Britain) and has his signature as a tattoo In 2021: 1 Loughborough Elite Winter Throws; 1 Newport; 1 Manchester Trafford Open; 1 Loughborough Spring Throws; 1 Sheffield; 1 Lee Valley Open; 1 Manchester Trafford Open; 1 Southampton Inter-Club; 1 Loughborough Charnwood Open; 1 Loughborough International	34y	230d	1986	58.82	58.82 -21
572 STEINACKER Marike GER 2 WSG 2015. 4 German 2019. Based-Neubrandenburg. Coached by Dieter Kollark and advised by Astrid Kumbnuss In 2021: 3 Berlin; 3 Neubrandenburg Abendsportfest; 2 Neubrandenburg SCN (May 8); 2 Halle; 3 Neubrandenburg SCN (May 22)	29y	85d	1992	64.03	64.03 -21
610 STRUMILLO Stefania ITA 2015 World Student Games bronze. 4x Italian Champion // dnf WJC 2008; 3 WSG 2015; 15 ECH 2016; 5 WSG 2017. 1 Italian 2015/2016/2017/2019 In 2021: 1 Italian winter; 1 Rieti Perseo; 2 Rome Liberazione; 4 European Throws Cup 'B'; 1 Castiglione della Pescaia; 1 Rieti	31y	227d	1989	54.53	59.80 -16
652 ZABAWSKA Daria POL 2017 European under-23 silver // dnq WJC 2014; 4 WSG 2017; 2 under-23 ECH 2017 (2015-4); 5 Athletics World Cup 2018; dnq ECH 2018; 4 ETCh 2019; dnq WCH 2019. 1 Polish 2019/2020. Mother-Krystyna Danilczyk-Zabawska (2 WIC SP 1999), father-Przemyslaw Zabawski (SP pb 19.63 in 2001) In 2021: 6 European Throws Cup; nm Warsaw Szelest; 1 Polish Universities	26y	43d	1995	58.79	62.36 -19
661 CÁ Liliana POR New Portuguese record holder // SP pb: 13.85 -05 (13.79 -21). dnq WJC 2004; 2 EJC 2005; 7 under-23 ECH 2007; 11 ETCh 2009; 2 Mediterranean Games 2018; 7 ECH 2019 (2010-dnq); dnq WCH 2019. Retired in 2013-2018 to start a family. 1 Portuguese 2009/2010/2020 In 2021: 1 Lisbon; 1 Leiria (4x, including a Portuguese record 66.40 on March 6); 1 Portuguese winter; 1 Faro (3 SP); 1 Lisbon Cunha; 1 European Throws Cup	34y	205d	1986	66.40	66.40 -21

Women's Hammer Throw

Starts: Saturday, May 29
(15:30)

2021 World Best:	78.60	DeAnna Price USA	Columbia	9 Apr 21
ETCh Record:	78.28	Anita Włodarczyk POL	Cheboksary	21 Jun 15
Tokyo Olympic Standard:	72.50			

	Age	(Days)	Born	2021	Personal Best
445 REDONDO Laura ESP	32y	329d	1988	70.40	70.40 -21
Full name-Laura Redondo Mora // 13 EJC 2007; 9 under-23 ECH 2009; 4 Ibero-American 2010; dng ECH 2012/2016; dng WCH 2015. 1 Spanish under-23 2008/2009/2010. 1 Spanish 2015/2020. Club-FC Barcelona. Coach-Luis Lizaso. 1.65/80kg In 2021: 3 Barcelona; 1 Catalanian indoor; 1 Sabadell; 1 Gava; 1 Spanish winter; 1 Catalanian Clubs; 1 Manresa; 9 European Throws Cup; 1 Pamplona					
497 TAVERNIER Alexandra FRA	27y	167d	1993	75.38	75.38 -21
DEFENDING EUROPEAN TEAM CHAMPION 2015 World bronze, 2018 European silver 6 EJC 2011; 1 WJC 2012; 3 Francophone Games 2013; 1 under-23 ECH 2015; 3 WCH 2015 (2017-12, 2019-6); 11 OLY 2016; 1 Mediterranean Games 2018; 3 Athletics World Cup 2018; 2 ECH 2018 (2014-6, 2016-dng); 1 ETCh 2019 (2015-3, 2014-7, 2017-4). 1 French 2014/2016/2017/2018/2019/2020. Born-Annecy. Coach-Gilles Dupray. 1.70/82kg In 2021: 1 French winter (French record 75.38); 3 European Throws Cup; 2 Ostrava Golden Spike					
527 MAYHO Jessica GBR	27y	349d	1993	67.10	67.10 -21
Twice UK Champion // 2 English under-23 2015 (2013-6, 2014-5); 1 Yorkshire 2016/2019; 1 UK 2019/2020; 1 North of England 2018; 1 Scottish 2018; 1 English 2019. Coach-Jorge Rodrigues (Portuguese). Formerly coached by the late Mike Morley. 1.82/80kg "People say I don't look like a traditional hammer thrower, but you need to be athletic and I want to be athletic and as fit as I can be to get the maximum speed when I'm throwing" In 2021: 1 Loughborough Elite Winter Throws; 1 Loughborough Spring Throws; 1 Sheffield Run Jump Throw; 1 Loughborough & England Throws; 1 Loughborough Open; 1 Loughborough International					
546 BORUTTA Samantha GER	20y	294d	2000	69.03	69.03 -21
2019 European junior silver // 12 WJC 2018; 2 EJC 2019. 1 German junior 2018/2019 In 2021: 1 Frankfurt; 1 Kienbaum; 1 Ingelheim-Heidesheim; 1 European Throws Cup 'B'; 1 Halle; 1 Hassloch					
589 FANTINI Sara ITA	23y	255d	1997	70.21	70.73 -20
2019 European under-23 bronze // 7 WJC 2016; 12 WSG 2017; 3 Mediterranean under-23 2018; 3 under-23 ECH 2019 (2017-11); 4 ETCh 2019 (2017-9); dng WCH 2019. 1 Italian 2019/2020.170/72kg In 2021: 1 Italian winter; 1 Parma; 1 Modena; 5 European Throws Cup; 1 Castiglione della Pescaia					
629 KOPRON Malwina POL	26y	194d	1994	74.84	76.85 -17
2017 World bronze // 2 World Youth 2011; dng WJC 2012; 4 EJC 2013; 3 under-23 ECH 2015; dng OLY 2016; 2 ETCh 2017; 3 WCH 2017 (2015/2019-dng); 4 ECH 2018 (2016-6); 2 WSG 2019. 1 Polish 2019. Coach-Czesław Cybulsk In 2021: 1 European Throws Cup; 1 Ostrava Golden Spike					
679 SILVA Vânia POR	40y	354d	1980	61.34	69.55 -11
Portuguese record holder & 19x champion // dng WJC 98; 4 under-23 ECH 2001; dng WCH 2001/2003/2009; 1 Ibero-American 2002 (2000-3, 2006-2); dng OLY 2004/2008/2012; dng ECH 2006/2012; 11 ETCh 2009. 1 Portuguese 2000/2001/2003/2005-2020. Coach-Paulo Reis. 1.73/80kg In 2021: 1 Leiria (3x); 1 Portuguese winter; 1 Leiria Lançamentos; 1 Leiria Lançamentos; 1 Imada					