### Men’s 200 Metres

**Starts:** Sunday, May 30  
(14:59)

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>21y</td>
<td>270d</td>
<td>1999 20.87</td>
</tr>
</tbody>
</table>

| 23y | 121d | 1998 20.75 | 20.71 -19 |

| 20y | 182d | 2000 20.66 | 20.66 -21 |

| 27y | 100d | 1994 -20.13 -18 |

| 27y | 296d | 1993 21.39 | 20.26 -16 |

| 21y | 337d | 1999 20.78 | 20.78 -21 |

---

**2021 World Best:**  
19.81 Terrance Laird USA  
19.65w Kenny Bednarz USA  
19.22 Ramil Guliyev TUR  
19.14w Linford Christie GBR  

**ETCh Record:**  
19.22 Ramil Guliyev TUR  

**ECP Record, if better:**  
19.22 Ramil Guliyev TUR  

**Tokyo Olympic Standard:**  
20.20

---

Ukraine’s entrant would have been the 2015 & 2017 champion Sergiy Smelyk. But there is still one former winner in the field, Karol Zalewski, who won at Braunschweig 2014.

---

**2019 Müller Anniversary Games • Biographical Start List • Men**

- **2021 World Best:** 19.81 Terrance Laird USA  
- **Age (Days):** 2021 27 Mar 21

---

**Men’s 200 Metres**

- **2021 World Best:** 19.81 Terrance Laird USA  
- **Age (Days):** 2021 27 Mar 21

---

**Personal Best**

- **Age (Days):**
  - 18
  - 20
  - 22
  - 27
  - 28

---

**ETCh Record:** 19.22 Ramil Guliyev TUR  
**ECP Record, if better:** 19.22 Ramil Guliyev TUR  
**Tokyo Olympic Standard:** 20.20

---

**Tokyo Olympic Standard:**  
20.20

---

**Ukraine’s entrant would have been the 2015 & 2017 champion Sergiy Smelyk. But there is still one former winner in the field, Karol Zalewski, who won at Braunschweig 2014.**

---

**100 pb: 10.53 -21. sf European Youth 100 2016. Coach-Cesar Lobato García**

In 2021: 1 Antequera 200 (3x); 2 Valencia 60; 1 Spanish under-23 indoor 60; dq/ht Spanish indoor 60; 1 Córdoba 100; 4ht World Relays 4x100; 1 Andalucían Clubs 200; 1 Barcelona 100

---

**100 pb: 10.25 -18. 3 Mediterranean under-23 100 2018; 3 under-23 ECH 200 2019 (2 4x100). His older brother is Mickael Méba Zézé (1 French 200 2018). Parents-Ivorian. Coach-Laurence Bily**

In 2021: 1 Miramas ‘Elite’ 200 ‘B’ (2 60); 2ht Mondeville ‘Elite’ 60; 4 Eaubonne 60; 4 Val-de-Reuil 60; 5 French indoor 60; 1 Montpellier 200

---

**Anchored Germany to victory at 4x200 in the 2021 World Relays // 100 pb: 10.43w, 10.44 -21. 3 German indoor 200 2020**

In 2021: 1 Frankfurt 200 (6 60); 1 Hamburg 60; Chemnitz 60 race 4; 1 Leipzig 200; 4ht German indoor 60; 1 World Relays 4x200 (19.96 split); 1 Mannheim ‘Road to Tokyo’ 200

---

**Sixth in 2018 European 200m final // 100 pb: 10.43w, 10.44 -21. 3 German indoor 200 2020**

In 2021: 1 Frankfurt 200 (6 60); 1 Hamburg 60; Chemnitz 60 race 4; 1 Leipzig 200; 4ht German indoor 60; 1 World Relays 4x200 (19.96 split); 1 Mannheim ‘Road to Tokyo’ 200

---

**Led off the world indoor record breaking Polish 4x400m team at the 2018 World Indoor Championships**

400 pb: 45.11 -18 (46.52i -21). 100 pb: 10.24w; 10.25 -13 (10.65 -21). 4 WJC 200 2012 (4 4x100; 2 4x400); dq ETCh 200 2013; 1 under-23 ECH 200 2013 (2 4x100); sf WCH 200 2013 (2015-h); 1 ETCh 200 2014 (7 100); 8 ECH 200 2014(2016-st); sf EIC 400 2015 (2 4x400); 1 under-23 ECH 200 2015 (2 4x400); 5 ETCh 200 2015 (2017-6); 4 ECH 400 2018; dns sf EIC 2019. 1 Polish 100/200 2013/2014/2016/2017/2020, 1 200 2015. 1 Italian 200 2016/2017. Born in Italy of Nigerian parents. Acquired Italian citizenship in 2012 and formally cleared by World Athletics to compete for Italy from May 2, 2012. Coach-Sebastian Bacchieri

In 2021: 2 World Relays 4x100 (led off team); 3ht Savona 100

---

**SANTOS Delvis POR**

100 pb: 10.52 -19 (10.66 -21). 1 Portuguese junior 200 & indoor 60 2018

In 2021: 1 Lisbon 200; 1 Lisbon Trials 200; 1 Alpiarça 60; 2 Portuguese indoor 60; 1 Pombal 60; 1 Lisbon 60; 1 Lisbon Trials 200; 3 World Relays 4x200 (dq/ht 4x100)

---

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## Men’s 800 Metres

**2021 World Best:**
- 1:43.91 | Wycliffe Kinyamal KEN | Doha | 28 May 21
- 1:43.63 | Elliot Giles GBR | Torun | 17 Feb 21

**ETCh Record:**
- 1:45.11 | Giordano Benedetti ITA | Cheboksary | 21 Jun 15

**ECP Record**, if better:
- 1:44.28 | Wilson Kipketer DEN | Seville | 23 Jun 02

**Tokyo Olympic Standard:** 1:45.20

### Age (Days) | Born | 2021 | Personal Best
--- | --- | --- | ---

| 17 | GARCÍA Mariano ESP | 23y | 247d | 1997 | 1:45.66i | 1:45.67 -19 |


| 80 | KHATIR Nasredine FRA | 26y | 120d | 1995 | 1:47.28i | 1:46.49 -16 |


| 148 | WIGHTMAN Jake GBR | 26y | 323d | 1994 | 1:45.47 | 1:44.61 -18 |

Fifth at 2019 World Championships 1500m // 1500 pb: 3:29.47 -20 (3:34.48i -21). Mile pb: 3:52.02 -19. 1 EJC 1500 2013; ht COM 1500 2014; 2 ETCh 1500 2017; 6 WIC 1500 2018; 3 COM 1500 2018 (4 800); 1 EJC 1500 2018 (2016-7); 5 WCH 1500 2019 (2017-sf); 1 Scottish 800 2015; 1 UK indoor 1500 2018. Father/coach-Geoff Wightman (6 ECH Marathon 1990), mother/first coach-Susan Tooby (12 OLY Marathon 1988). Both of his parents also competed at the Commonwealth Games: Susan Tooby 6th at 10,000m in Edinburgh 1986; Geoff Wightman 8th at Marathon in Auckland 1990 In 2021: 2 Staten Island ‘Gold’ Tour 1500; 3 Ostrava Golden Spike 800

| 170 | REUTHER Marc GER | 24y | 340d | 1996 | 1:48.95 | 1:46.64 -20 |

1:46.21i -21. 1500 pb: 3:40.03 -18. 5 World Youth 2013; ht WJC 2014; 7 EJC 2015; 3 under-23 ECH 2017; ht WCH 2017/2019; dq/ht ECH 2018 (obstruction); 4 ETCh 2019; ht EIC 2021. 1 German 2019/2020 & indoor 2018 In 2021: 1 Erfurt; 3 Dortmund; 7 Toruń ‘Gold’ Tour; 3 German indoor; 4ht EIC

| 183 | BARONTINI Simone ITA | 22y | 145d | 1999 | 1:49.95 | 1:46.64 -20 |

7x Italian Champion (5 out + 2 in) // 3 European Youth 2016; sf EJC 2017; 5 WJC 2018; ht ECH 2018; 8 under-23 ECH 2019; 6 ETCh 2019; sf EIC 2021 (2019-h). 1 Italian 2019/2020 & indoor 2017/2018/2019/2020/2021. 1.87 tall In 2021: 2 Ancona 400 (Jan 17); 1 Ancona (Jan 24); 8 Ostrava Czech Indoor Gala; 1 Italian under-23 indoor; 1 Italian indoor; 6sf EIC; 2 Savona

| 222 | BORKOWSKI Mateusz POL | 24y | 58d | 1997 | 1:45.74 | 1:45.42 -18 |


| 281 | PEREIRA Nuno POR | 20y | 183d | 2000 | 1:50.64 | 1:49.21 -20 |

2019 European Junior Champion at 1500m (after a dramatic last 100m when he overhauled long-time leader Joshua Lay GBR) 1:49.25i -21. 1500 pb: 3:40.35 -21. 1 EJC 1500 2019; ht EIC 1500 2021. At EJC: 2018-47i, 2019-dnf. 1 Portuguese 800 2020 & indoor 1500 2019. Born/lives-Funchal, Madeira In 2021: 3 Pombal 1500; 2 Portuguese Indoor 800/1500; 9ht EIC 1500; 2 Maia Ribetiro 1500; 1 Lisbon Inclusao 800

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## Men’s 3000 Metres

**Starts:** Sunday, May 30 (15:36)

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>30y</td>
<td>176d</td>
<td>1990</td>
<td>7:46.52i</td>
</tr>
</tbody>
</table>

### 36 MECHAAL Adel ESP
- **Defending European Team Champion**
- Fourth place in 2017 World 1500m and also in 2018 European 10,000m
- 2019: Müller Anniversary Games • Biographical Start List • Men
- Men’s 3000 Metres
- 2021 World Best: 7:35.28 - 17
- 3000 pb: 7:35.28 - 17
- 10,000 pb: 29:22.71 - 21
- 5000 pb: 13:45.20 - 19
- 800 pb: 1:47.90 - 18
- 5 ETCh 1500 2013 (2015-6); ht WIC 1500 2016; 1 EIC 1500/3000 2015 (2019-21); 10,000 pb: 28:22.21 - 21
- 31 European 10,000 2015/2017
- Coach: Andrew Hobdell

| 25y | 70d | 1996 | 8:10.00 -19 |

### 99 ISCHRUB Yann FRA
- 2019 World Student Games silver at 5000m // 7:49.27i -21
- 10,000 pb: 28:50.56 -21
- 5000 pb: 13:59.12 - 21
- 800 pb: 1:47.69 -19
- ETCh 1500 2013 (2015-6); ht WIC 1500 2014; 2 ECH 5000 2016; 4 WJC 1500 2017 (2019-ht); 3 EJC 3000SC 2011; 1 EIC 3000SC 2021
- Coach: Vittorio Di Saverio

| 29y | 64d | 1992 | 8:12.83 -15 |

### 105 ANDERSON Tom GBR
- 2012 English under-23 Champion at 5000m // 7:56.20i -20 (7:59.83i -21)
- 11 WJC 3000SC 2010; 3 EJC 3000SC 2011; 2 ETCh 3000SC 2014 (2015-4, 2019-6); 1 Leukmyoha Gold 3000
- Full name: Isaac Zambujeiro Nader // 7:57.45i -21
- 10,000 pb: 29:57.34 -19
- 15 European Youth 3000 2016; ht EIC 1500/3000 2021
- Coach: Vittorio Di Saverio

| 24y | 186d | 1996 | 8:00.32 -19 |

### 163 GRAU Martin GER
- 2015 World Student Games Steeplechase Champion // 7:56.20i -20 (7:59.83i -21)
- 11 WJC 3000SC 2010; 3 EJC 3000SC 2011; 2 ETCh 3000SC 2014 (2015-4, 2019-6); 1 Leukmyoha Gold 3000
- Full name: Isaac Zambujeiro Nader // 7:57.45i -21
- 10,000 pb: 29:57.34 -19
- 15 European Youth 3000 2016; ht EIC 1500/3000 2021
- Coach: Vittorio Di Saverio

| 22y | 201d | 1998 | 8:04.18 -21 |

### 238 KOZŁOWSKI Patryk POL
- 2012 World Indoor Team Championships // 7:47.98i -21, 1500 pb: 3:38.53 -20 (3:41.57i -21)
- 11 WJC 3000SC 2010; 3 EJC 3000SC 2011; 2 ETCh 3000SC 2014 (2015-4, 2019-6); 1 Leukmyoha Gold 3000
- Full name: Isaac Zambujeiro Nader // 7:57.45i -21
- 10,000 pb: 29:57.34 -19
- 15 European Youth 3000 2016; ht EIC 1500/3000 2021
- Coach: Vittorio Di Saverio

| 21y | 286d | 1999 | 8:01.66 -19 |
## Men’s 3000m Steeplechase

<table>
<thead>
<tr>
<th>Age</th>
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<th>2021</th>
<th>Personal Best</th>
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<tbody>
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<td>29y</td>
<td>1992</td>
<td>8:05.69</td>
<td>8:05.69 -19</td>
</tr>
<tr>
<td>25y</td>
<td>1995</td>
<td>8:29.75</td>
<td>8:22.06 -20</td>
</tr>
<tr>
<td>31y</td>
<td>1989</td>
<td>8:20.12</td>
<td>8:20.12 -21</td>
</tr>
<tr>
<td>25y</td>
<td>1996</td>
<td>8:20.29</td>
<td>8:20.29 -21</td>
</tr>
<tr>
<td>32y</td>
<td>1989</td>
<td>8:16.20</td>
<td>8:16.20 -14</td>
</tr>
<tr>
<td>20y</td>
<td>2001</td>
<td>8:42.84</td>
<td>8:42.84 -21</td>
</tr>
</tbody>
</table>

### 2021 World Best:
- **8:09.47**
  - Getnet Wale
  - ETH
  - Ostrava
  - 19 May 21

### ETCh Record:
- **8:25.50**
  - Yoann Kowal
  - FRA
  - Braunschweig
  - 22 Jun 14

### ECP Record, if better:
- **8:22.00**
  - Mariano Scartezzini
  - ITA
  - Zagreb
  - 16 Aug 81

### Tokyo Olympic Standard:
- **8:22.00**

### Participants:

#### CARRO Fernando ESP
- **DEFENDING EUROPEAN TEAM CHAMPION**
- 2018 European silver, then a 13-second improvement in Monaco 2019 to break the Spanish record
- **3000 pb:** 8:05.69 (2019-19)
- **1500 pb:** 3:38.13 (2019-19)
- **10,000 pb:** 28:45.32 (2019-20)

#### BELHADJ Mehdi FRA
- 2014 World Junior finalist
- **3000 pb:** 7:58.09 (2020-18)
- **1500 pb:** 3:38.13 (2019-19)

#### NORMAN Phil GBR
- **2020 UK Champion**
- **3000 pb:** 8:16.20 (2019-14)
- **1500 pb:** 3:51.93 (2019-19)

#### ZALEWSKI Krystian POL
- **2014 European steeplechase silver (originally crossed the line in third, but was the year Mahiedine Mekhissi was disqualified for removing his shirt)**
- **Marathon pb:** 2:10:58 (2018-20)
- **1500 pb:** 3:44.02 (2013-14)
- **5000 pb:** 13:45.94 (2018-15)
- **10,000 pb:** 28:45.32 (2019-20)

#### ZOGHLAMI Osama ITA
- **2014 European steeplechase silver**

**Please check with final start lists in case of late changes**

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## Men’s 110 Metres Hurdles

**Starts:** Sunday, May 30 (13:13)

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2021 World Best:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grant Holloway USA</td>
<td>30</td>
<td>1991</td>
<td>13.04</td>
<td>13.07</td>
</tr>
<tr>
<td><strong>ETCh Record:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sergey Shubenkov RUS</td>
<td>30</td>
<td>1991</td>
<td>13.20</td>
<td>13.20</td>
</tr>
<tr>
<td><strong>ECP Record, if better:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Colin Jackson GBR</td>
<td>30</td>
<td>1991</td>
<td>13.10</td>
<td>13.32</td>
</tr>
<tr>
<td><strong>Tokyo Olympic Standard:</strong></td>
<td></td>
<td></td>
<td></td>
<td>13.20</td>
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</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>32</strong> MARTÍNEZ Asier ESP</td>
<td>21</td>
<td>1999</td>
<td>13.34</td>
<td>13.34 -21</td>
</tr>
<tr>
<td>Full name-Asier Martínez Etxarte</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fourth at 2021 European Indoor Championships and still improving</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>in 2021: 1 San Sebastián; 3 Miramas ‘Elite’; 1 Spanish under-23 indoor; 1 Spanish indoor; 4 EIC; 1 Pamplona 200/110H; 2 Castellón 100</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>82</strong> KWAOU-MATHEY Just FRA</td>
<td>21</td>
<td>1999</td>
<td>13.38</td>
<td>13.38 -21</td>
</tr>
<tr>
<td>sf under-23 ECH 2019, 3 French 2020. Coach-Fabien Lambolez</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In 2021: 4 Miramas ‘Elite’; 1 Mondeville ‘Elite’; 5 Val-de-Reuil; 4 French indoor; 1 Angers; 1 Albi</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>129</strong> KING David GBR</td>
<td>26</td>
<td>1994</td>
<td>13.53</td>
<td>13.48 -17</td>
</tr>
<tr>
<td>In 2021: 2 Phoenix; 5t Fayetteville American Track League 3; 1 Lee Valley UK Trial; 1 Phoenix Antelope Invitational ‘B’; 6 Des Moines Drake Relays; 1 Chula Vista High Performance #3</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>155</strong> BALNUWEIT Erik GER</td>
<td>32</td>
<td>1988</td>
<td>13.68</td>
<td>13.44 -13</td>
</tr>
<tr>
<td>In 2021: 5 Karlsruhe ‘Gold’ Tour; 5 Düsseldorf; 3 Berlin ISTAF; 6ht Liévin ‘Gold’ Tour; 1 German Indoor; 5sf EIC; 1 World Relays Mixed Shuttle Hurdles Relay (2nd leg); 1 Mannheim ‘Road to Tokyo’; 4 Weinheim</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>211</strong> PERINI Lorenzo ITA</td>
<td>26</td>
<td>1994</td>
<td>13.72</td>
<td>13.46 -19</td>
</tr>
<tr>
<td>In 2021: 1 Ancona; 5 Metz; 7ht Liévin ‘Gold’ Tour; 1 Medena; dnf Savona; 2 Rieti</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td><strong>224</strong> CZYKIER Damian POL</td>
<td>28</td>
<td>1992</td>
<td>13.43</td>
<td>13.28 -17</td>
</tr>
<tr>
<td>In 2021: 1 Toruń ‘National’; 3 Toruń ‘National’; dq Karlsruhe ‘Gold’ Tour; 1 Düsseldorf; 5 Liévin ‘Gold’ Tour; 4 Lódź Orlen Cup; 4 Toruń ‘Gold’ Tour; 1 Polish Indoor; 3 Polish Indoor; 6 EIC; 2 World Relays Mixed Shuttle Hurdles Relay; 1 Łomża</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>276</strong> LARRINAGA Abdel-Kader POR</td>
<td>26</td>
<td>1994</td>
<td>14.04</td>
<td>14.02 -20</td>
</tr>
<tr>
<td>Allegiance transferee from Cuba - cleared by World Athletics to represent Portugal from November 1, 2019 pbs in Decathlon events 100: 11.04; Li: 7.50; Sp: 13.87; Hj: 2.07; 400: 50.23; 110H: 13.80w, 14.02; DT: 41.07; PV: 3.90; Jt: 54.81; 1500: 4:37.60 Decathlon pb: 7439 -19 3 Cuban Decathlon 2013; 1 Portuguese Decathlon 2019 &amp; Indoor 60H 2021. Coach-David Gómez ESP</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In 2021: 2 Lisbon; 1 Alpiarça; 1 Portuguese indoor; 1 Lisbon Liberdade; 1 Portuguese Clubs</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please check with final start lists in case of late changes

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## Men’s Athletics Championships

### Pole Vault

#### 2021 World Best: 5.91

- Chris Nilsen (USA)
- Walnut
- 9 May 21

#### ETCh Record: 5.01

- Renaud Lavillenie (FRA)
- Leiria
- 21 Jun 09

#### Tokyo Olympic Standard: 5.80

### Age (Days) | Born | 2021 | Personal Best
---|---|---|---
5.55i -21. | World Youth 2015; 7 European Youth 2016; 7 EJC 2017. 1 Spanish indoor 2021 | 22y 35d 1999 | 5.52 | 5.52 -21

#### LEYVA Isidro (ESP)

- 2021 European indoor silver. Younger brother of 2012 Olympic Champion Renaud Lavillenie
- In 2021: 2 Bordeaux; 8 Karlsruhe ‘Gold’ Tour; 8 Rouen; 9 Liévin ‘Gold’ Tour; 3 Val-de-Reull; 1 French indoor (his first senior French title – compared with the 18 won by his brother); 2 EIC; 3 Ostrava Golden Spike; nh Gateshead Diamond

#### LAVALLENIE Valentin (FRA)

- 2021 European indoor silver. Younger brother of 2012 Olympic Champion Renaud Lavillenie
- In 2021: 2 Bordeaux; 8 Karlsruhe ‘Gold’ Tour; 8 Rouen; 9 Liévin ‘Gold’ Tour; 3 Val-de-Reull; 1 French indoor (his first senior French title – compared with the 18 won by his brother); 2 EIC; 3 Ostrava Golden Spike; nh Gateshead Diamond

#### CAPELLO Matteo Cristoforo (ITA)

- Coach-Dariusz Łoś.
- 1.91 tall
- In 2021: 4 Berlin ISTAF; 5 Łódź Orlen Cup; nh Toruń ‘Gold’ Tour; 2 Polish indoor; 7 EIC; nh Rehlingen; 1 Oleśnica

#### SOBERA Robert (POL)

- In 2021: 4 Berlin ISTAF; 5 Łódź Orlen Cup; nh Toruń ‘Gold’ Tour; 2 Polish indoor; 7 EIC; nh Rehlingen; 1 Oleśnica

#### FERREIRA Diogo (POR)

- In 2021: 1 Lisbon (6x); 3 Mondeville ‘Elite’; 1 Portuguese indoor; 1 Fátima

#### COPPELL Harry (GBR)

- British record holder. At the 2013 World Youth Championships, he became the first British athlete to win a global Pole Vault title
- 1 World Youth 2013; 10 WJC 2014; 9 EJC 2015; dns WCH 2019 (aggravated a hip injury in warm-up). 2 UK indoor 2018 (+) / 2019; 1 UK 2019/2020. In September 2017 he and his partner Emily Borthwick (1.91 HJ) had to barricade themselves in their hotel for two days when Hurricane Irma struck during their 2017 holiday in Cuba. Coach-Scott Simpson. 1.75 tall
- In 2021: 3 Gateshead Diamond

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Please check with final start lists in case of late changes  
Athlete’s ages as at: 30/05/2021
Born 2021  
Personal Best 
Age (Days) 

2019 Müller Anniversary Games • Biographical Start List • Men

Men’s Triple Jump

2021 World Best:
17.40  Fabrice Zango Hugues BUR Montpellier 8 May 21
17.46w Jordan A. Díaz CUB Havana 21 May 21
18.07i Fabrice Zango Hugues BUR Aubière 16 Jan 21

ETCh Record:
17.59 Nelson Évora POR Leiria 21 Jun 09

ECP Record, if better:
17.77 Kristo Markov BUL Budapest 11 Aug 05
18.43w Jonathan Edwards GBR Lille 24 Jun 95

Tokyo Olympic Standard: 17.14

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>2021 Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>29y</td>
<td>17d 1992</td>
<td>16.77</td>
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<tr>
<td>22y</td>
<td>29d 1998</td>
<td>16.71</td>
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<tr>
<td>38y</td>
<td>177d 1982</td>
<td>15.94</td>
</tr>
<tr>
<td>24y</td>
<td>320d 1996</td>
<td>16.97</td>
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<td>24y</td>
<td>53d 1997</td>
<td>16.72</td>
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<tr>
<td>34y</td>
<td>245d 1986</td>
<td>15.90</td>
</tr>
<tr>
<td>27y</td>
<td>334d 1993</td>
<td>- 18.08</td>
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</table>

European Athletics Team Championships Super League 2021 • Biographical Entry List • Men

Full name-Pabo Torrijos Navarro
2015 European indoor silver. Spanish record holder


Full name (which he prefers)-Pedro Pablo Pichardo Peralta
Twice World Championship silver medallist, each time behind 18m men

Please check with final start lists in case of late changes

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### Men’s Discus Throw

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>39y</td>
<td>361d</td>
<td>1981</td>
<td>61.87</td>
</tr>
</tbody>
</table>


#### Allegiance transferee from Cuba – has lived in Spain since 2009, gained Spanish citizenship on August 5, 2015 (after an eight-year struggle) and cleared by World Athletics to compete for Spain from August 7, 2015. 1.87/120kg

#### In 2021: 3 Spanish winter; 1 León; 1 Castellón (3x); 1 Córdoba; 9 European Throws Cup

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>30y</td>
<td>12d</td>
<td>1991</td>
<td>62.43</td>
</tr>
</tbody>
</table>


#### In 2021: 1 Salon-de-Provence; 1 French winter; 8 European Throws Cup; 1 Castiglione della Pescaia

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>29y</td>
<td>236d</td>
<td>1991</td>
<td>65.56</td>
</tr>
</tbody>
</table>

#### British record holder. 2011 European under-23 Champion. 2012 Olympic finalist

#### He’s a former gymnast, volleyball player, ice hockey player, handball player, soccer player, table tennis player & swimmer!

#### In 2021: 1 Italian winter; 1 Latina; 12 European Throws Cup; 2 Castiglione della Pescaia

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>35y</td>
<td>229d</td>
<td>1985</td>
<td>61.81</td>
</tr>
</tbody>
</table>


#### In 2021: 3 Italian winter; 1 Latina; 12 European Throws Cup; 2 Castiglione della Pescaia

<table>
<thead>
<tr>
<th>Age</th>
<th>Born</th>
<th>25y</th>
<th>88d</th>
<th>1996</th>
<th>57.37</th>
<th>60.83 -18</th>
</tr>
</thead>
</table>

#### In 2021: 1 Lisbon (4x); 1 Portuguese winter; 1 Leiria Lançamentos; 1 Portuguese Clubs

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## European Athletics Team Championships Super League 2021 • Biographical Entry List • Men

### Men's Hammer Throw

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Days</th>
<th>Born</th>
<th>2021</th>
<th>Personal Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>CIENFUEGOS Javier ESP</td>
<td>30y</td>
<td>319d</td>
<td>1990</td>
<td>76.87</td>
<td>79.38 -19</td>
</tr>
<tr>
<td>BIGOT Quentin FRA</td>
<td>28y</td>
<td>179d</td>
<td>1992</td>
<td>78.99</td>
<td>78.99 -21</td>
</tr>
<tr>
<td>BENNETT Chris GBR</td>
<td>31y</td>
<td>164d</td>
<td>1989</td>
<td>75.69</td>
<td>76.45 -16</td>
</tr>
<tr>
<td>SCHWANDKE Tristan GER</td>
<td>29y</td>
<td>6d</td>
<td>1992</td>
<td>76.71</td>
<td>76.71 -21</td>
</tr>
<tr>
<td>FALLONI Simone ITA</td>
<td>30y</td>
<td>26d</td>
<td>1991</td>
<td>76.33</td>
<td>76.33 -21</td>
</tr>
<tr>
<td>JAFDEK Pawel POL</td>
<td>31y</td>
<td>360d</td>
<td>1989</td>
<td>81.62</td>
<td>83.93 -15</td>
</tr>
<tr>
<td>ANTUNES Ruben POR</td>
<td>22y</td>
<td>25d</td>
<td>1999</td>
<td>71.05</td>
<td>71.05 -21</td>
</tr>
</tbody>
</table>

Gold & silver medallists from Doha 2019 in this lineup.

---

**2021 World Best:** 81.98 Rudy Winkler USA Eugene 23 Apr 21

**ETCh Record:** 81.64 Pawel Fajdek POL Cheboksary 20 Jun 15

**ECP Record, if better:** 82.90 Juri Tamm URS Moscow 17 Aug 85

**Tokyo Olympic Standard:** 77.50

---

Age (Days) | Born | 2021 | Personal Best
---------|------|------|-------------------
30y       | 319d | 1990 | 76.87 (79.38 -19)
28y       | 179d | 1992 | 78.99 (78.99 -21)
31y       | 164d | 1989 | 75.69 (76.45 -16)
29y       | 6d   | 1992 | 76.71 (76.71 -21)
30y       | 26d  | 1991 | 76.33 (76.33 -21)
31y       | 360d | 1989 | 81.62 (83.93 -15)
22y       | 25d  | 1999 | 71.05 (71.05 -21)